

RACE 13.1 DURHAM

ATHLETE GUIDE

**Saturday,
12.6.2025**

**13.1 | 8:00am
10k | 8:10am
5k | 8:20am**

Durham, NC



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Rules & Regulations

Can I wear headphones?

It is unsafe to wear headphones while running. Event organizers will not restrict headphone use and leave it up to the athlete on their ability to follow direction while wearing headphone devices. If you choose to wear headphones, please keep the volume down so you can hear and follow the direction of course volunteers.

Can someone else run in my place?

No, transfers of bib numbers from person to person is prohibited.

Anyone racing with another runner's bib will be disqualified.

Can I register on race day?

Registration will remain open until 5:30 PM on Friday, 12/5, unless the race sells out earlier. There will be no race-day registration.

Is there a gear check?

Due to the close proximity of parking, there will be no gear check.

Where do I get my race bib?

If you did not pay for bib mailing, you will need to attend packet pick-up.

Where and when is packet pick-up?

Location: Fleet Feet Durham- Southpoint:
6807 Fayetteville Rd #105, Durham, NC 27713

When: Friday, 12/5 | 2:00pm - 6:30pm

Can someone else pick up my race packet for me?

Yes, someone else can pick up your packet. They will need a copy of your ID (a photo is sufficient).

Is there race day packet pick-up?

No, there is not race day packet pick-up.

Are strollers allowed on the course?

Strollers are not allowed on the course.

Are pets allowed on the course?

Pets are not allowed on the course.

Is the race USATF certified?

Only the Half Marathon distance is USATF certified.
Certification Number: NC21018DF

Is this race a Boston qualifier?

No, this race is not a Boston Qualifier

What is the weather policy?

Races are held, rain or shine, unless we determine that conditions are too dangerous. This will be based on a prudent decision made on race weekend or race day by race officials and local law enforcement officials. If the race is cancelled due to inclement weather, there will be neither refunds nor transfers. This position is consistent with USA Track & Field recommendations and with the protocol of sharing the risks associated with the sport of running. In the event of inclement weather or unforeseen circumstances, Capstone Event Group reserves the right to alter, cancel or eliminate any/all portions of the race.

If there is inclement weather during the race, it is your responsibility as a race participant to follow instruction from race officials and law enforcement in regards to inclement weather. If you disregard instructions from race officials and/or law enforcement, you are doing so at your own risk.

What is the time limit?

The time limit for this event is 3:30, which is a 16-minute mile pace for the half-marathon.

- The cutoff time is determined by our event permit, which permits us to use the roads, police, support, and other city resources for a specified period of time.
- When the course closes at the cutoff time, any remaining participants must move off the roads and onto a sidewalk. Anyone who decides to utilize the course route after the permitted time will not be considered an active participant and must follow pedestrian laws. Participants who do not meet the cutoff time will not receive an official time.

Accessibility Guide



Handicap Parking

- Packet Pick-Up: There are handicap parking spots located near Fleet Feet in the Renaissance Shopping Center Parking Lot.
- Race Day: There will be designated handicap parking spots available on race morning in the parking lot at Johnson Volvo. If you have questions about where these will be located, please email us at info@race131.com.

Race Start Times

- Half-marathon Wheelchair/Handcycle start: 7:55 AM
- 10k Wheelchair/Handcycle Start: 8:05 AM
- 5k Wheelchair/Handcycle Start: 8:15 AM

Accessible Toilets

- A portable ADA toilet will be available at the **Start/Finish** line and at the half marathon turnaround on the course.

Contact Us

- If you have a question about race weekend accessibility, please contact us at info@race131.com!

A Guide to Race Day Terms

RACE BIB



- Your race bib has a timing chip on the back of it which records your time from crossing the start line to crossing the finish line.
- Wear your bib on race day with the number facing out.
- Please do not bend the bib or remove the timing chip.

START/FINISH LINE CHUTE



- The start line chute is where runners line up before the start of the race.
- The finish line chute is where runners receive their medal, water, and sometimes post-race snacks after crossing the finish line.



HYDRATION STATION

- Hydration stations will be offered on the course.
- Runners can get water and/or a sports drink at the hydration station
- Portable toilets are available at each hydration station.

COURSE MILE MARKERS

- Mile markers are posted for each mile on the course. Please note that your GPS device may not sync perfectly with the mile markers on the course.



Race Day Etiquette

It is our goal that every runner has an enjoyable, safe race experience!

To support this goal, we ask that all participants follow the running etiquette below!

Thank you for your cooperation!



When lining up at the start line, please be mindful of where you are lining up. Participants who plan to walk or do a walk-run combination should line up toward the back of the corral.

At a Hydration Station, try to keep moving while grabbing your hydration. If you need to stop, look behind you before stopping or move to the side.



For the safety of all participants, faster runners should stay on the left of the course and walkers stay on the right.

To help keep the course clean, please dispose of your cup/trash in the dedicated waste cans near the hydration stations.



If you're running as a group, please only run 2 abreast to ensure there is enough space for other runners.

If possible, pass on your left and alert the runner by saying, "On Your Left."



For your safety and the safety of others, please keep moving through the finish line.

Race Swag



All runners will receive a finisher shirt and a race medal. The medal also doubles as a ornament!

Race Deadlines

Category	Deadline	Form	Details
Change Distance	Friday, 12/5 5:30pm	Click here to change your distance	<ol style="list-style-type: none">1. You <u>must</u> fill out the change distance form online.2. Bib Mailers, if you changed your distance after noon on 11/7, you will need to attend PPU to receive a new bib.
Bib Mailing	The bib mailing deadline was Friday, November 1st at noon ET.	Bib mailing is closed!	Bibs and safety pins will be mailed to you. Please pick up your race swag at the post-race party.
Deferral Deadline	The deferral deadline is Wednesday, 11/27 at midnight.	Click here to defer your entry.	You will be issued a race credit for the amount you paid at registration excluding handling fees that can be applied toward registration for next year's Race 13.1 Durham or another Capstone race .

Please Note:

- Anyone who runs a distance with the incorrect distance timing chip will be disqualified from the race.
- You are not allowed to transfer your bib to another runner.

Bib Mailing




Runners who elected to have their bib mailed to them should receive their bib by race day. Bibs and safety pins were mailed the week of 11/11.

If you do not receive your bib by Thursday, 12/4, please come to packet pick-up and head straight to customer service to be assigned a new bib.

If you cannot attend packet pickup, please email us and we will help you.

Runners with bib mailing, if you changed your distance **after 11/7** you will need to attend packet pick-up to receive the bib for the correct distance. Please head straight to customer service, so we can assist you!

Check out the chart below to see what you will receive in the mail and what you will pick up after the race!

Race Item	Will Receive in the Mail	Will Pick Up AFTER the Race
Bib		
Safety Pins		
Participant Shirt		

Packet Pickup

When:

- Friday, 12/5/25 | 2:00PM - 6:30PM

Where:

- Fleet Feet Durham at Southpoint
- 6807 Fayetteville Rd #105 Durham, NC 27713

What You'll Receive:

- Bib & Safety Pins
- Participant Shirt

Parking:

There is ample parking within the shopping center!

Packet Pickup FAQs

Can someone else pick up my bib for me? Yes, someone else can pick up your bib. They just need a photo of your ID.

If I am picking up bibs for multiple people, do I need to sign up for multiple reservation spots? No, one reservation spot is enough, even if you're picking up multiple bibs.

Will I be able to exchange my t-shirt size at packet pickup? At packet pick-up, you'll get the shirt size chosen at registration, shown on your bib. Shirt exchanges are available after the race if sizes remain.

Will there be a packet pickup on race morning? Race morning packet pick-up is not available. Please attend packet pick-up or have someone pick up your packet for you.



FIND YOUR Perfect FIT

Whether you love to walk, run or just need comfortable shoes, we can help! Visit Fleet Feet to find the shoes and gear to support you best. Join our community for fun runs, training groups, events and more.

We can't wait to run with you.



LEARN MORE

fleetfeetcarboro.com

Race Day Timeline

7:15 AM | Recommended Arrival Time

8:00 AM | Half-Marathon Start Time

 Wheelchair/Handcycle Start Time: 7:55 AM

8:10 AM | 10k Start Time

 Wheelchair/Handcycle Start Time: 8:05 AM


8:20 AM | 5k Start Time

 Wheelchair/Handcycle Start Time: 8:15 AM


9:15 AM | 5k Awards Available for Pickup

 Award pickup is at Customer Service. Time subject to change.

9:15 AM | 10k Awards Available for Pickup

 Award pickup is at Customer Service. Time subject to change.

10:00 AM | Half Marathon Awards Available for Pickup

 Award pickup is at Customer Service. Time subject to change.

11:30 AM | Course Closes

11:30 AM | Post-Race Party Ends

Race Day Information

Start & Finish Line Location

- Johnson Volvo Cars Durham
- [966 Southpoint Autopark Blvd, Durham, NC 27713](#)

Start Times

- Half Marathon: 8:00 AM | Wheelchair Division: 7:55 AM
- 10k: 8:10 AM | Wheelchair Division 8:05 AM
- 5k: 8:20 AM | Wheelchair Division 8:15 AM

Customer Service

For any customer service needs before the race, visit us at the start/finish area—we're happy to help!

Portable Toilets

Portable toilets will be available at the start/finish line and at each hydration station.

Medical Support

We will have medical professionals on-site throughout the race, including at the start/finish area.

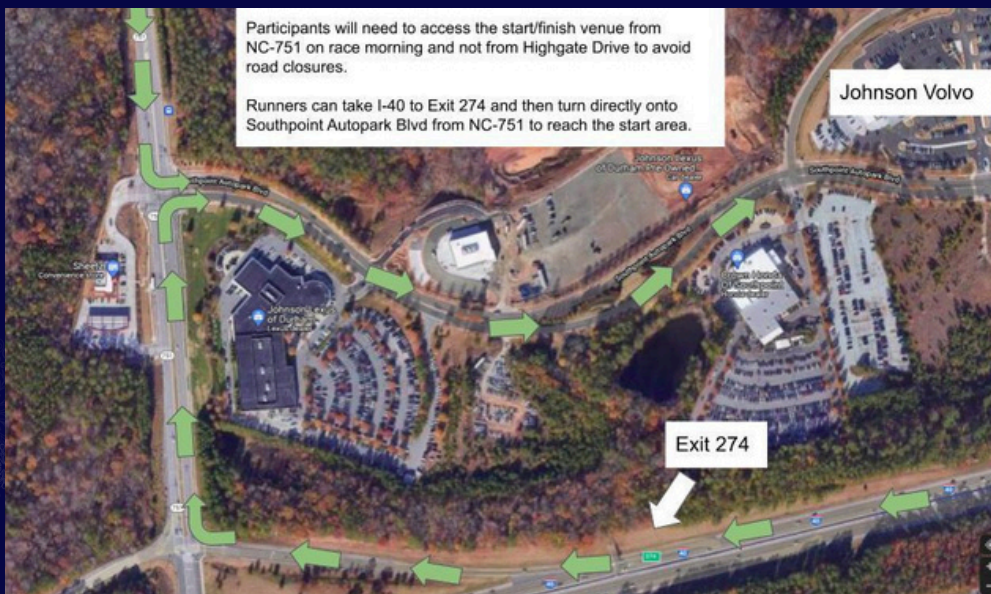
Parking & Road Closures

Parking

- Plenty of parking will be available at Johnson Volvo Cars Durham
- [966 Southpoint Autopark Blvd, Durham, NC 27713](#)

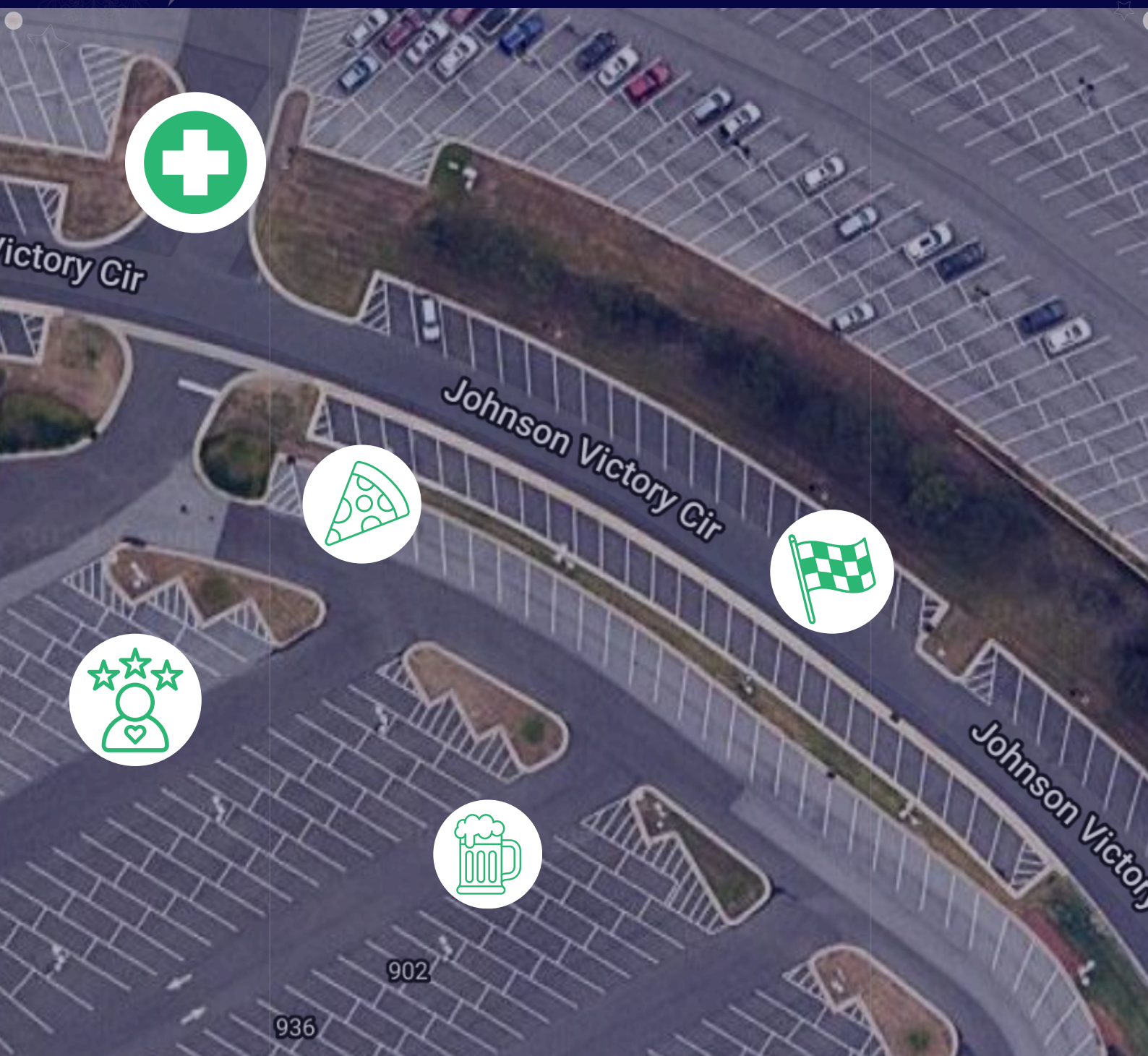
Road Closures

- Participants will need to access the start/finish venue from NC-751 on race morning and **not from Highgate Drive** to avoid road closures.
- Runners can take I-40 to Exit 274 and then turn directly onto Southpoint Autopark Blvd from NC-751 to reach the start area.



Click each map to view a large image.

Start & Finisher Area Map



KEY:



Start/Finish Line



Customer Service



Beer Garden

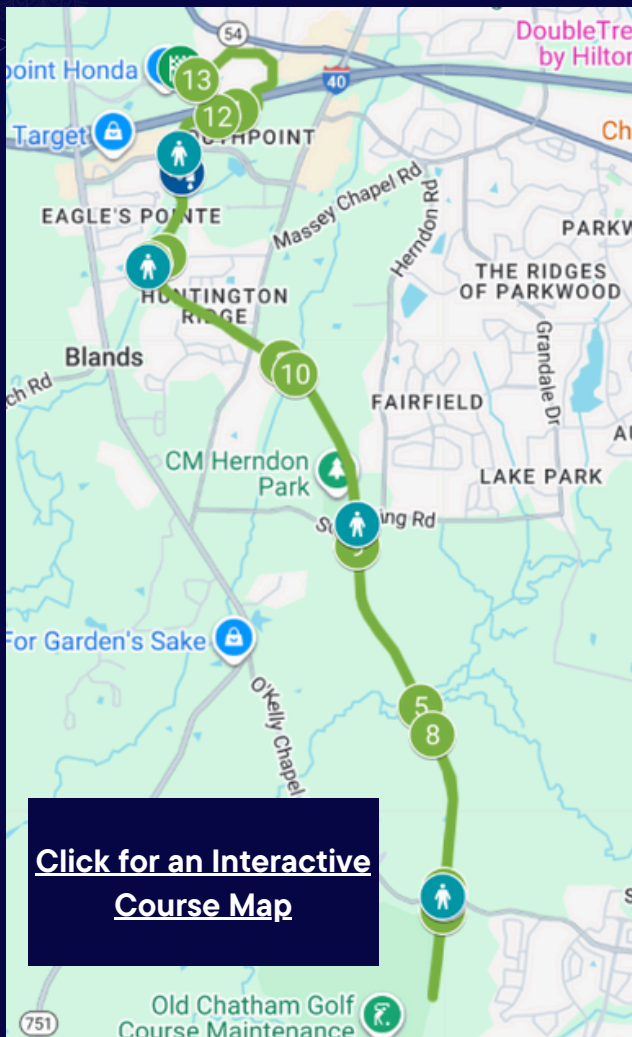


Finisher Food



Medical

Half Marathon Course Details



Course Description: The race will be held on the American Tobacco Trail, letting you enjoy Durham's scenery without city traffic.

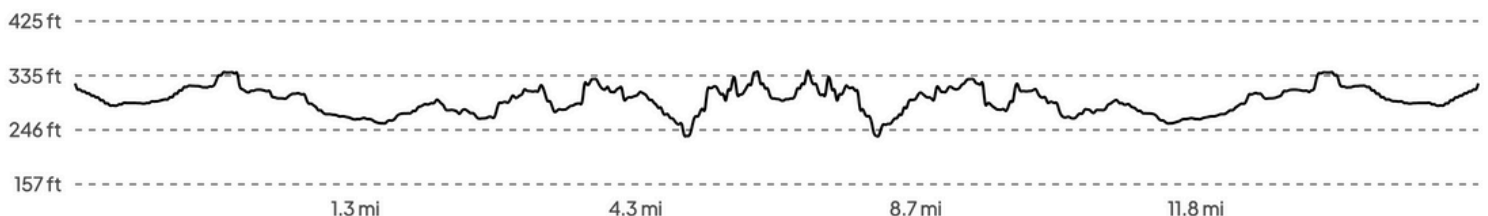
All distances follow an out-and-back route, so watch for runners coming both ways. Road crossings and crosswalks will be clearly marked.

Pace Groups: The following pace groups will be available for the half-marathon: 1:30 | 1:45 | 2:00 | 2:15 | 2:30 | 3:00

Live Tracking: Live tracking will not be available.

Elevation

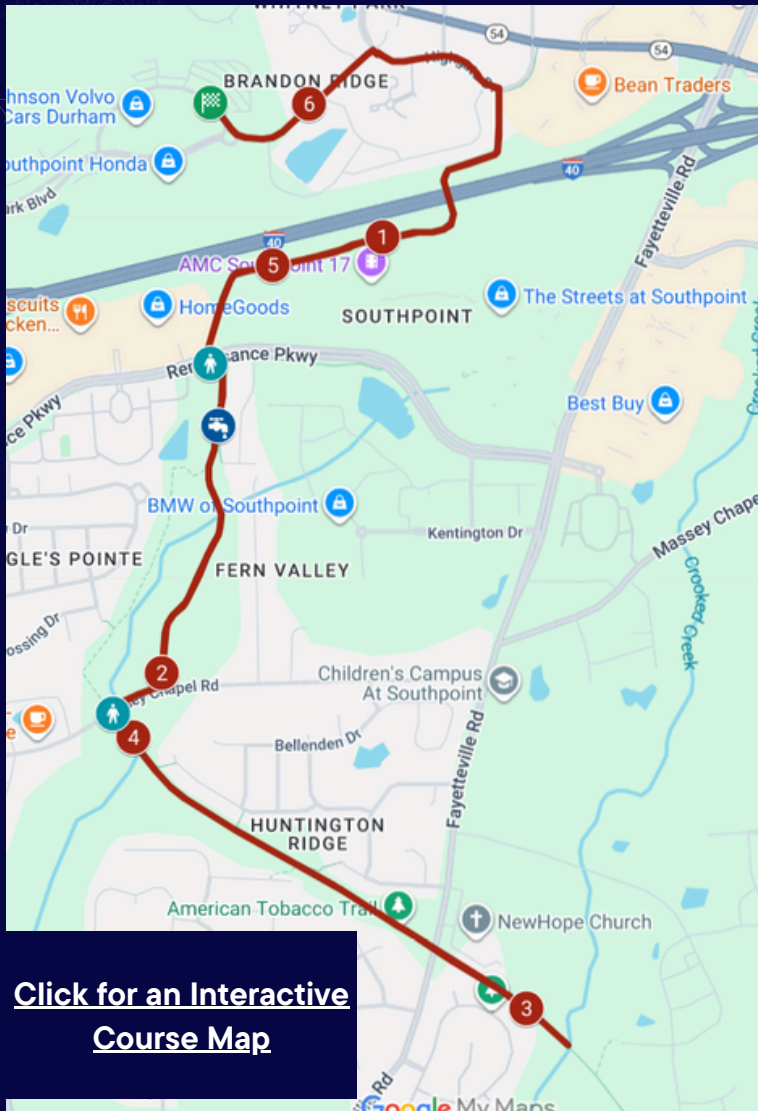
Start	Max	Gain
325 ft	343 ft	534 ft



Hydration Stations

- Approximate Mileage: 1.5, 4, 6, 7, 9, 11.5
 - *Locations may be subject to change*
- Water and sports drink will be provided at each station.
- There will be portable toilets available at each hydration station.

10k Course Details

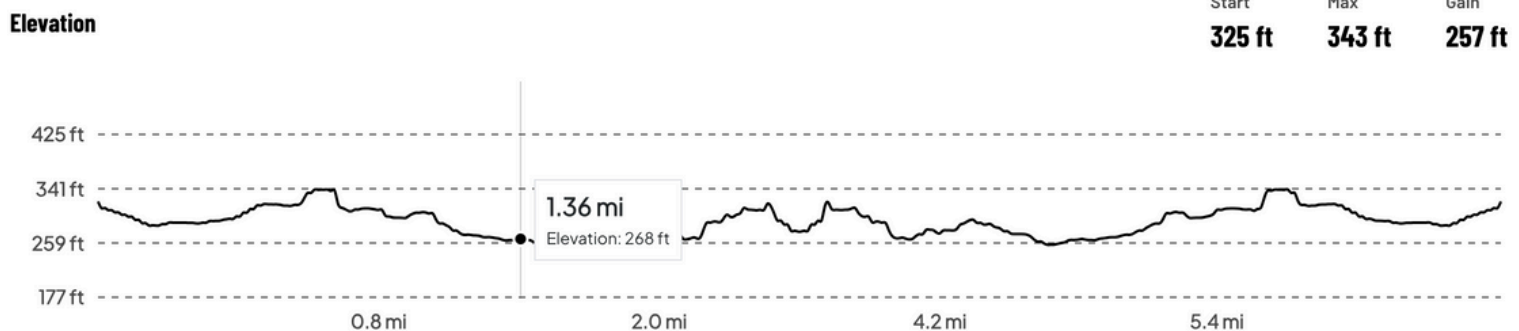


Course Description: The race will be held on the American Tobacco Trail, letting you enjoy Durham's scenery without city traffic.

All distances follow an out-and-back route, so watch for runners coming both ways. Road crossings and crosswalks will be clearly marked.

Pace Groups: Pace groups will not be offered for the 10k.

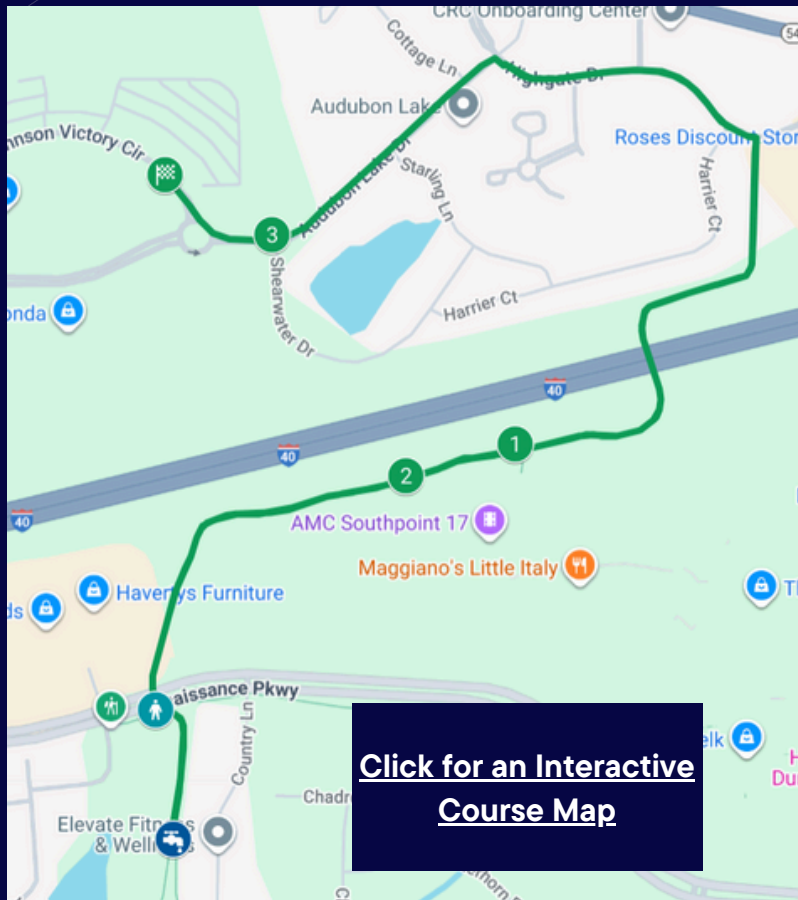
Live Tracking: Live tracking will not be available for the race.



Hydration Stations

- Approximate Mileage: 1.5, 4.5
 - *Locations may be subject to change*
- Water and sports drink will be provided at each station.
- There will be portable toilets available at each hydration station.

5k Course Details

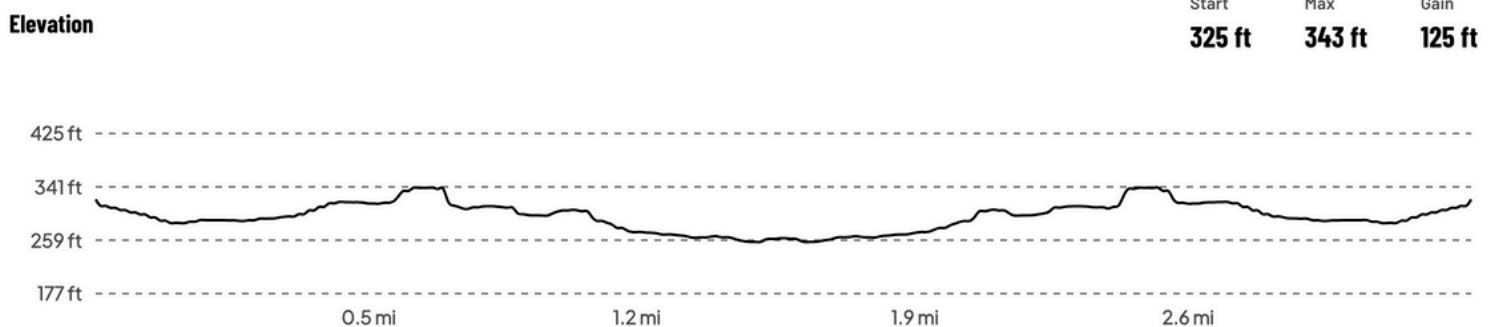


Course Description: The race will be held on the American Tobacco Trail, letting you enjoy Durham's scenery without city traffic.

All distances follow an out-and-back route, so watch for runners coming both ways. Road crossings and crosswalks will be clearly marked.

Pace Groups: Pace groups will not be offered for the 10k.

Live Tracking: Live tracking will not be available for the race.



Hydration Stations

- Approximate mileage: 1.5
 - *Location may be subject to change*
- Water and sports drink will be provided at each station.
- There will be portable toilets available at each hydration station.

Spectator Locations

Course Location	Address	Distance	Details
Start & Finish Line	<u>966 Southpoint Autopark Blvd, Durham, NC 27713</u>	All Distances	
Miles 4 & 9	<u>ATT Entrance on Scott King Road</u>	Half Marathon	Take 751 South S to Fayetteville Road then right onto Scott King Road
Miles 6 & 7	<u>ATT Entrance on O'Kelley Chapel Road</u>	Half Marathon	Take 751 South to O'Kelley Chapel Road



Post-Race Details

Post-Race Party

After the race, celebrate your accomplishment with pizza, bananas, and a refreshing beverage from Michelob Ultra (Must be 21 - ID required!)

Overall Awards

Overall Award Medals will be presented to the **top three male and female finishers** in the half-marathon, and the **1st place male and female finishers** in the 10k & 5k based on **gun time**.

Age Group Awards

Age Group Awards are based on **chip time** and will be awarded to the the **top three male and females in each age group** for the **half marathon**.

Age Group Awards medals will be given to the **first place male and female finisher** in each age group for the **5K and 10k**.

Age Group Categories:

14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & over.

Both Overall and Age Group awards will be available for pickup at customer service at the following times:

- **9:15 AM:** 5k & 10k overall awards
- **10:00 AM:** Half marathon overall awards

Please note the time may change based on when results are finalized.

Awards must be picked up at the post-race party. Awards will NOT be mailed after the race.

Post-Race Details



Participant Photos

Professional photographers will be along the course as well as the start/finish area to take pictures throughout the race. When they become available, a link to the race photos will be posted on our [website](#). FinisherPix, the race photographer, will email a link to runners.



Results Correction

If your race results are inaccurate or missing, please complete the race corrections form that will be emailed to you after the race.



Post-Race Survey

Your feedback matters! Please complete the post-race survey, so we know what we did well and how we can improve. We will email you the post-race survey after the race.

Thank You to Our Sponsors!



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