

# Bull City Race Fest

## ATHLETE GUIDE

10/20/24

7:30AM

Durham, NC



[WWW.BULLCITYRACEFEST.COM](http://WWW.BULLCITYRACEFEST.COM)

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# Rules & Regulations

## Can I wear headphones?

It is unsafe to wear headphones while running. Event organizers will not restrict headphone use and leave it up to the athlete on their ability to follow direction while wearing headphone devices. If you choose to wear headphones, please keep the volume down so you can hear and follow the direction of course volunteers.

## Can someone else run in my place?

No, transfers of bib numbers from person to person is prohibited.

Anyone racing with another runner's bib will be disqualified.

## Can I register on race day?

No, registration will close one hour before the close of PPU the day before the race.

## Is there a Gear Check?

Due to the close proximity of parking to the start line, there will not be a gear check at this race.

## Where do I get my race bib?

If you did not pay for bib mailing, you will need to attend packet pick-up.

## Where and when is packet pick-up?

Location: Fleet Feet Durham- Southpoint

Dates/Times:

- Friday, October 18th: 3pm - 6:30pm
- Saturday, October 19th: 10am - 3pm

## Can someone else pick up my race packet for me?

Yes, someone else can pick up your packet. They will need a copy of your ID (a photo is sufficient).

## Is there race day packet pick-up?

No, there is not race day packet pick-up.

## Are strollers allowed on the course?

Strollers are not allowed on the course.

## Are pets allowed on the course?

Pets are not allowed on the course.

## Is the race USATF certified?

Yes, the half-marathon course is USATF certified. Certification Number: NC23023DF

## Is this race a Boston Qualifier?

No, this race is not a Boston Qualifier.

## What is the weather policy?

Races are held, rain or shine, unless we determine that conditions are too dangerous. This will be based on a prudent decision made on race weekend or race day by race officials and local law enforcement officials. If the race is cancelled due to inclement weather, there will be neither refunds nor transfers. This position is consistent with USA Track & Field recommendations and with the protocol of sharing the risks associated with the sport of running. In the event of inclement weather or unforeseen circumstances, Capstone Event Group reserves the right to alter, cancel or eliminate any/all portions of the race.

If there is inclement weather during the race, it is your responsibility as a race participant to follow instruction from race officials and law enforcement in regards to inclement weather. If you disregard instructions from race officials and/or law enforcement, you are doing so at your own risk.

## What is the time limit?

The time limit for this event is 3 hours and 15 minutes, which is a 15-minute per mile pace for the half-marathon.

- The cutoff time is determined by our event permit, which permits us to use the roads, police, support, and other city resources for a specified period of time.
- When the course closes at the cutoff time, any remaining participants must move off the roads and onto a sidewalk. Anyone who decides to utilize the course route after the permitted time will not be considered an active participant and must follow pedestrian laws. Participants who do not meet the cutoff time will not receive an official time.



# Accessibility Guide



## Handicap Parking

- If you need handicap parking for race morning, please contact us at [info@bullcityracefest.com](mailto:info@bullcityracefest.com) and we will assist you!

## Accessible Toilets

- Accessible portable toilets will be available at the start/finish line

## Race Start Times

- Half-Marathon Wheelchair Division: **7:25 AM**
- 5 Miler Wheelchair Division: **7:55 AM**

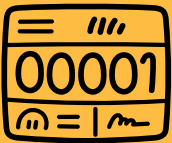
## Contact Us

- If you have a question about race weekend accessibility, please contact us at [info@bullcityracefest.com](mailto:info@bullcityracefest.com)



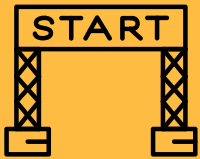
# A Guide to *Race Day Terms*

## RACE BIB



- Your race bib has a timing chip on the back of it which records your time from crossing the start line to crossing the finish line.
- Wear your bib on race day with the number facing out.
- Please do not bend the bib or remove the timing chip.

## START/FINISH LINE CHUTE



- The start line chute is where runners line up before the start of the race.
- The finish line chute is where runners receive their medal, water, and sometimes post-race snacks after crossing the finish line.

## HYDRATION STATION



- Hydration stations will be offered on the course.
- Runners can get water and/or a sports drink at the hydration station.
  - Gu will be offered at aid station 2 and 4 for the half-marathon
- Portable toilets are available at each hydration station.

## COURSE MILE MARKERS



- Mile markers are posted for each mile on the course. Please note that your GPS device may not sync perfectly with the mile markers on the course.

# Race Day Etiquette

**It is our goal that every runner has an enjoyable, safe race experience!  
To support this goal, we ask that all participants follow the running etiquette below!  
Thank you for your cooperation!**

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## START

When lining up at the start line, please be mindful of where you are lining up.

Participants who plan to walk or do a walk-run combination should line up toward the back of the corral.

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At a Hydration Station, try to keep moving while grabbing your hydration. If you need to stop, look behind you before stopping or move to the side.

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For the safety of all participants, faster runners should stay on the left of the course and walkers stay on the right.

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To help keep the course clean, please dispose of your cup/trash in the dedicated waste cans near the hydration stations.

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If you're running as a group, please only run 2 abreast to ensure there is enough space for other runners.

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## FINISH

For your safety and the safety of others, please keep moving through the finish line.



If possible, pass on your left and alert the runner by saying, "On Your Left."

# Race Deadlines

Category	Deadline	Form	Details
Change Distance	2pm on Saturday, October 19th	<a href="#">Click here to change your distance</a>	<ol style="list-style-type: none"><li>1. You <b>must</b> fill out the change distance form online.</li><li>2. Bib Mailers, if you changed your distance after 9/20 at noon, you will need to attend PPU to receive a new bib.</li></ol>
Bib Mailing	The bib mailing deadline was Friday, September 20th at noon.	<b>Bib mailing is closed!</b>	Bibs and safety pins will be mailed to you. Please pick up your race swag at the post-race party.
Deferral Deadline	October 10th, 2024 at 11:59 PM	<a href="#">Click here to defer your entry.</a>	You will be issued a race credit for the amount you paid at registration excluding handling fees that can be applied toward registration for next year's Bull City Race Fest or another <b><u>Capstone race.</u></b>

## Please Note:

- Anyone who runs a distance with the incorrect distance timing chip will be disqualified from the race.
- You are not allowed to transfer your bib to another runner.



# Bib Mailing

Runners who elected to have their bib mailed to them should receive their bib before the race. Bibs and safety pins were mailed the week of October 1st.

If you do not receive your bib by Friday, October 18th, please come to customer service at packet pick-up to be assigned a new bib.

Runners with bib mailing, if you changed your distance **after 9/20 at noon**, you will need to attend packet pick-up to receive the bib for the correct distance. Please head straight to customer service, so we can assist you!

Check out the chart below to see what you will receive in the mail and what you will pick up after the race!



Race Item	Will Receive in the Mail	Will Pick Up AFTER the Race
Bib	✓	
Safety Pins	✓	
Participant Shirt		✓

# Packet Pickup



## When:

Friday, October 18th // 3:00 PM - 6:30 PM

Saturday, October 19th // 10:00 AM - 3:00 PM



## Where:

Fleet Feet Durham- Southpoint

6807 Fayetteville Rd #105, Durham, NC 27713



## What You'll Receive:

- Bib
- Safety Pins
- Participant shirt



## Parking:

There is ample parking within the shopping center!



# Packet Pickup Parking





# Packet Pickup FAQs

## **Can someone else pick up my bib for me?**

Yes, someone else can pick up your bib for you. Please have them bring a copy of your ID to packet pick-up for verification purposes. A picture on their phone is sufficient.

## **If I am picking up bibs for multiple people, do I need to sign up for multiple reservation spots?**

No, you only need to sign up for one slot if you are picking up bibs for multiple people.

## **Can I change my reservation time after I've already submitted the form to reserve my spot?**

Please email our customer service team at [info@bullcityracefest.com](mailto:info@bullcityracefest.com) and we will change your time for you.

## **Will I be able to exchange my t-shirt size at packet pickup?**

At packet pick-up, you will receive the size shirt you selected at registration which will be printed on the back of your bib. If you would like to exchange your shirt size, you can do so AFTER the race based on the availability.

## **Will there be a packet pickup on race morning?**

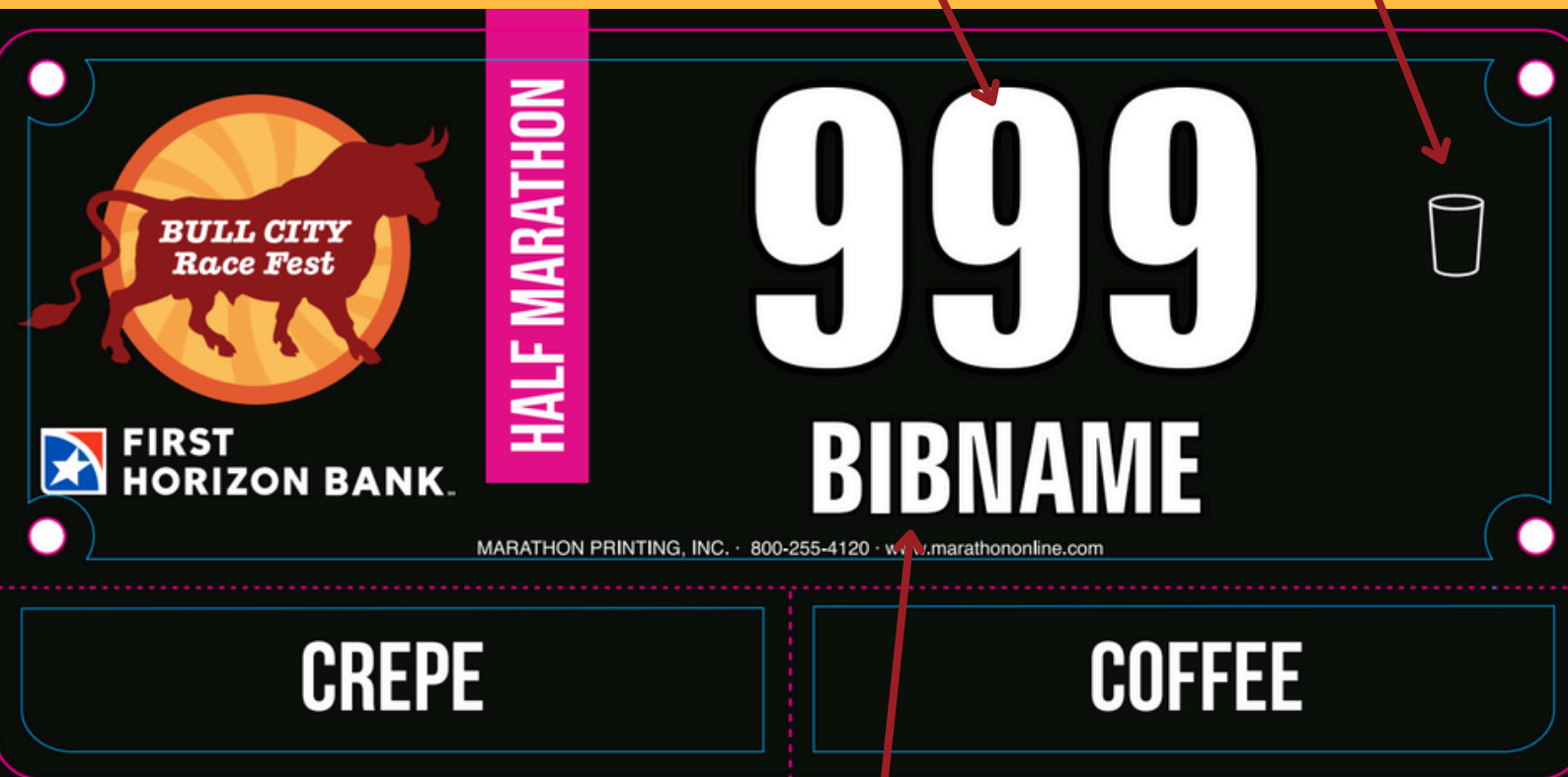
No, we will not offer race morning packet pick-up. Please make plans to attend packet pick-up, or have someone attend on your behalf.

# A Guide to Your Bib

Race Distance

Bib number: this is how you will look up your results and photos

Beer eligibility for 21+ runners. Runners under the age of 21 will have a "U21" icon



Tear-off tag for post-race crepe

Your name or personalization

Tear-off tag for post-race coffee



# Join Us at Our Raleigh Run Club!

All Are Welcome.

Run with New Friends!  
All Levels of Experience!

You Can Also Jog, Walk or Enjoy a Sip 'N Stroll!

Participate in Socials,  
Service Projects and Races!

■ [StonewallRaleigh.org/Sports/Run-Club](https://StonewallRaleigh.org/Sports/Run-Club)

■ Find Us on Facebook!



## Info:

- ✓ No Cost / Free to Join!
- ✓ Tuesdays & Thursdays
- ✓ 6:30 p.m. Both Nights
- ✓ Meet At: The Green Monkey in Raleigh, Socialize Post-Run



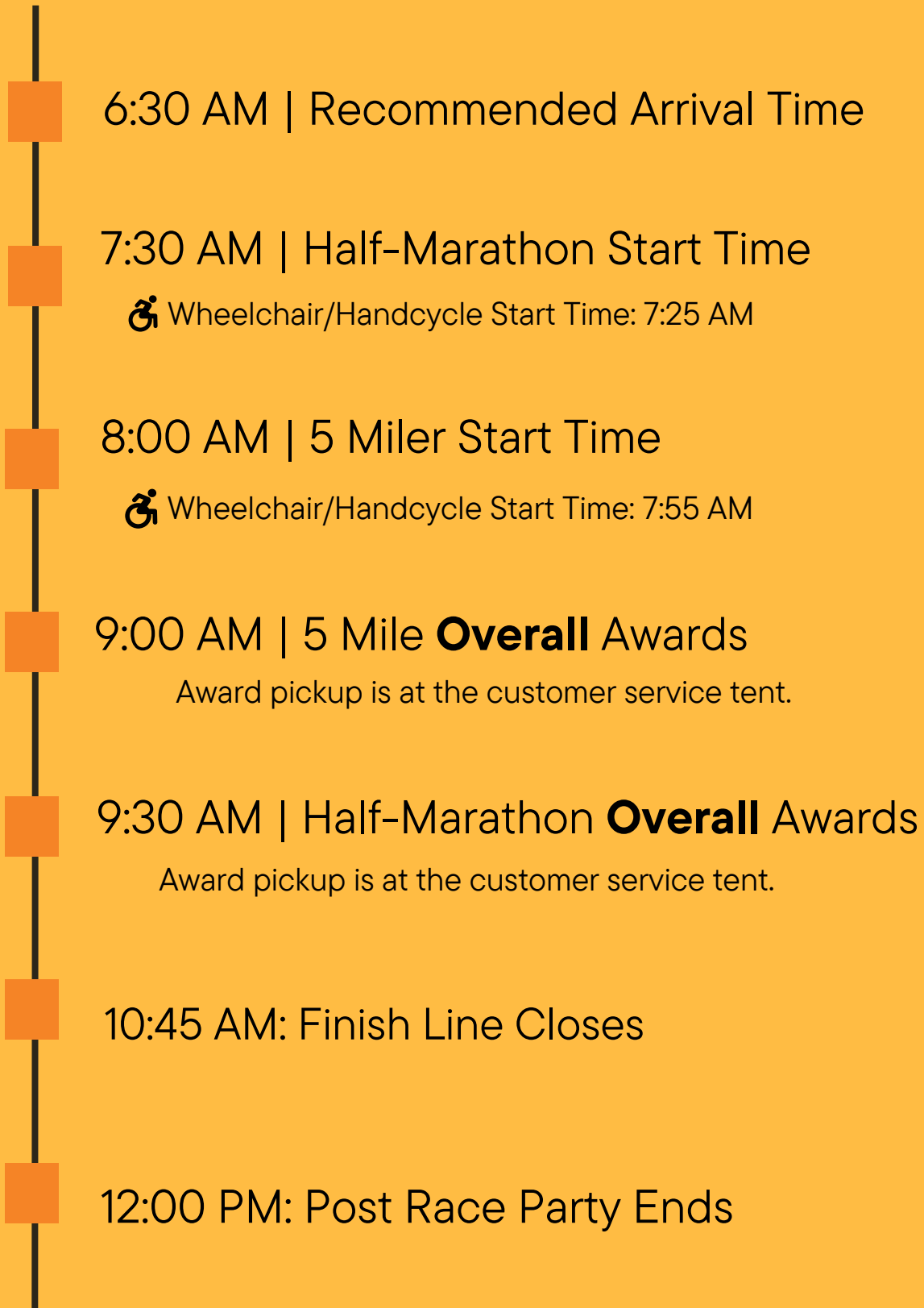
## Run Club - Stonewall Sports - Raleigh

Days/Time Tuesdays & Thursdays 6:30pm...

[stonewallraleigh.org](https://stonewallraleigh.org)



# Race Day Timeline



**Please Note:** Age group awards will be **mailed** following the race. Age group awards will NOT be available at the post-race party.

# Race Day Information



## Start & Finish Line Locations

Start & Finish Line: [318 Blackwell St., Durham, NC 27701](#)



## Start Times

Half Marathon: 7:30 AM

Wheelchair Division: 7:25 AM

5 Miler: 8:00 AM

Wheelchair Division: 7:55 AM



## Road Closures

Roads utilized for the race course will be closed and re-opened on a rolling basis as runners pass through the course. Most road closures will occur **between 7:00AM-10:45 AM.**

**Downtown Durham** will re-open to normal traffic procedures starting at 8:30 AM. All roads **north of Main Street and Duke's East Campus** will re-open starting at 9 AM. All roads **south of Main Street** will have rolling closures from 9:00 AM to 10:45 AM.

Police and course monitors will be positioned at each intersection on the course. Detours and alternate routes will be supported by DPD & course marshals. At certain intersections, cars may be assisted across the course when deemed safe by the officer in charge. Please be patient as it may take a few minutes to find a large enough break in the participants to help you across.

# Parking

First come, first served parking will be available to runners and spectators in the American Tobacco Campus North and South Parking Decks. Parking in the two decks listed below will be free on race morning.

- North Parking Deck: 305 W. Pettigrew Street
- South Parking Deck: 705 Willard Street

These decks are less than a five minute walk from the start line. We recommend all runners (both half marathoners and 5 milers) arrive by 7 AM.



# Race Day Information



## Suggested Drop-Off Locations

If you are using a ride-share or being dropped off, you should also request to be dropped off at one of the above parking deck locations.



## Customer Service

If you have any customer service needs before the race, we are happy to help! Customer service will be located close to the start/finish line from 6am - 12pm.



## Portable Toilets

Portable toilets will be available for runners at the start/finish line as well as along the course.



## Medical Support

We will have medical professionals on-site throughout the race, including at the start/finish area.



# Time Limits

The time limit for this event is 3 hours and 15 minutes, which is a 15 min/mile pace for the half-marathon and a 39 min/mile pace for the 5 miler.

The cutoff time is determined by our event permit, which permits us to use the roads, police support, and other city resources for a specified period of time.

After the permitted period ends, the roads will reopen and we will no longer be able to provide participants with critical course support, including road closures, police and medical coverage, hydration stations, and course markings.



When the course closes at the cutoff time, any remaining participants must move off of the roads and onto a sidewalk. Anyone who decides to utilize the course route before or after the permitted time will not be considered an active participant and must follow pedestrian laws.

Participants who do not meet the cutoff time will not receive an official time.

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# Pace Groups

There will not be official pace groups at this race.



# Live Tracking

There will not be live tracking at this race.



## October 18th - Fleet Feet Durham Southpoint Shakeout Run - 6:30 PM, Trivia - 7 PM

Join Fleet Feet for a night of trivia exclusively for Bull City Race Fest participants! There will be prizes, snacks, incredible energy, and more! Come alone or in groups up to 6 for each team, and get ready for a fun night at Fleet Feet!



RSVP: <https://bit.ly/BCRFtrivia>

## Find Your Perfect Fit

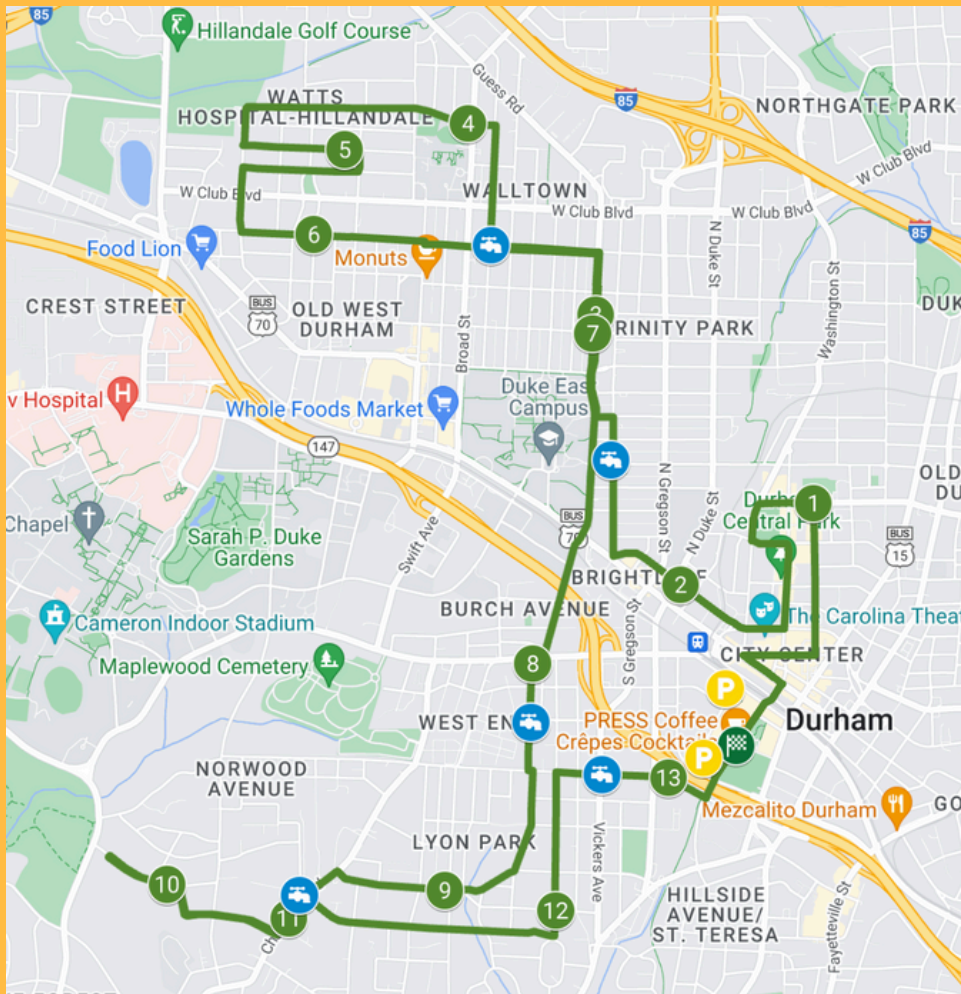
Whether you love to walk, run or just need comfortable shoes, we can help! Visit Fleet Feet to find the shoes and gear to support you best. Join our community for fun runs, training groups, events and more.

**We can wait to run with you.**



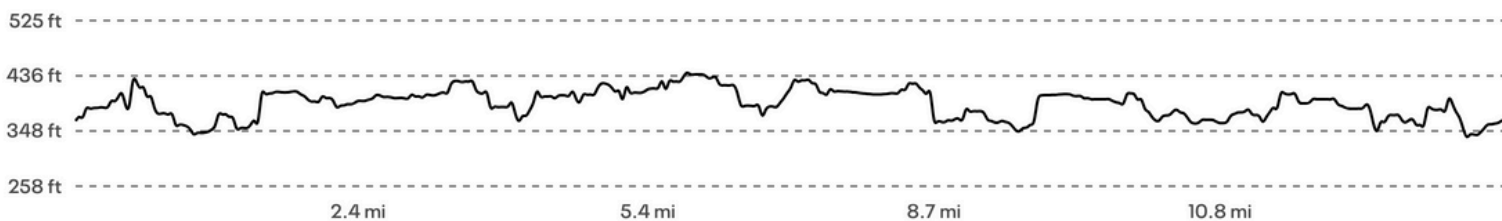
*Limited  
Edition  
Fleet Feet  
Durham  
Tees!!*

# Half Marathon Map



## Elevation

Start **365 ft** Max **443 ft** Gain **464 ft**



[Click Here to View an Interactive Version of This Map](#)

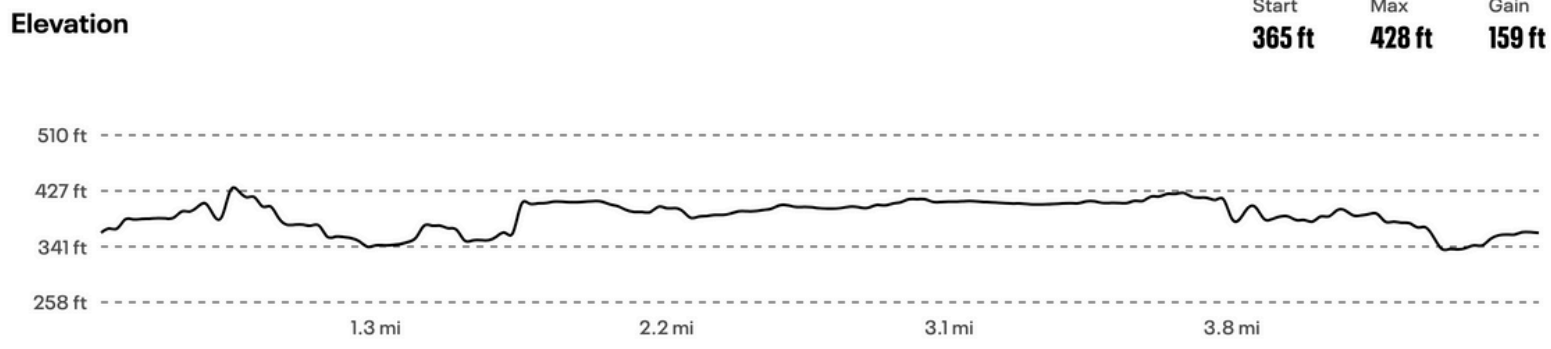
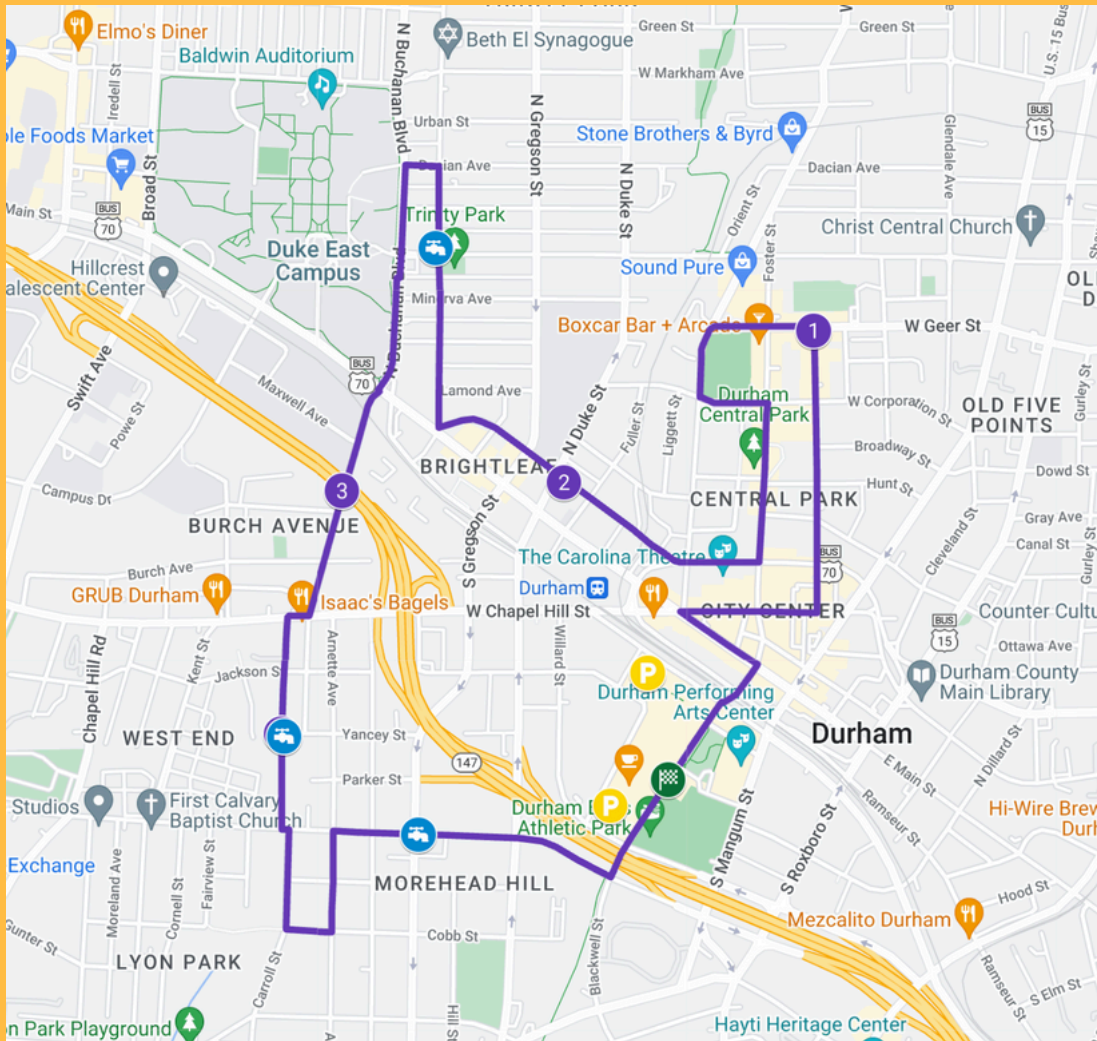


## Hydration Stations: Miles 2.5, 6.5, 8.5, 9.5, 11, 12.5

- Water and sports drink will be provided at each station.
- Gu will be available at the following stations: Mile 6.5, 9.5
- There will be portable toilets available at each hydration station.



# 5 Miler Map



[Click Here to View an Interactive Version of This Map](#)



## Hydration Stations: Miles 2.5, 4.25

- Water and sports drink will be provided at each station.
- There will be portable toilets available at each hydration station.



# Spectator Locations

Location	5 Miler	Half Marathon
<a href="#"><u>318 Blackwell St., Durham, NC 27701</u></a>	Start & Finish Line	Start & Finish Line
<a href="#"><u>Diamond View Park</u></a>	Close to Start Line	Close to Start Line
<a href="#"><u>904 West Chapel Hill St Durham, NC</u></a>	Mile 3.5	Mile 8.5
<a href="#"><u>Lakewood Shopping Center</u></a>	N/A	Mile 9.5



# Post-Race Details

## Post-Race Party

The post race party will include:

- Post-race snacks and water
- Beer (21+, ID required)
- Crepes and coffee from Press (bib tear-off)
- Sponsors
- Customer Service



## Overall Awards

Overall Award Medals will be presented to the **top three male and female finishers** in the half-marathon and the 5 Miler based based on **gun time**.

If you are unable to pick up your overall award at the ceremony, we will mail it to you approximately two weeks after the race. Award medals will only be shipped to address within the contiguous United States.

Please note the time may change based on when results are finalized.



## Age Group Awards

Age Group Awards are based on **chip time** and will be awarded to the **top three male and females in each age group** for the **full marathon, half marathon, and 5k**.

Age Group Awards medals will be given to the **top male and female finisher** in each age group for the **5K**.

**Please note: There will NOT be an age group award ceremony on race day. Age group awards will be MAILED approximately 2 weeks after the race.**

### Age Group Categories:

19 & Under	45-49
20-24	50-54
25-29	55-59
30-34	60-64
35-39	65-69
40-44	70-74
	75+

# Post-Race Details



## Participant Swag

All half and 5 miler participants will receive a race shirt and medal. **Bib mailers will pick up their race shirt after the race at the Post-Race Party.**

Please make sure to get all of your swag before you leave the event. We will not be able to mail any swag after the race.



## Participant Photos

Professional photographers will be along the course as well as the start/finish area to take pictures throughout the race. When they become available, a link to the race photos will be posted on our [website](#). FinisherPix, the race photographer, will email a link to runners.



## Results Correction

If your race results are inaccurate or missing, please complete the race corrections form that will be emailed to you after the race.



**Your feedback matters! Please complete the post-race survey, so we know what we did well and how we can improve. We will email you the post-race survey after the race.**



— Thank You to Our 2024 Sponsors! —



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