



PNC BANK CHARLESTON HALF MARATHON

Athlete Guide | January 14, 2023

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Thanks to Our Sponsors!

- 16** Junk Kings
- PNC Bank
- Publix

FAQS, RULES & REGULATIONS

Can I wear headphones?

It is unsafe to wear headphones while running. Event organizers will not restrict headphone use and leave it up to the athlete on their ability to follow direction while wearing headphones. If you choose to wear headphones, please keep the volume down so you can hear and follow the direction of course volunteers.

Can someone else run in my place?

No, transfers of bib numbers from person to person is prohibited. Anyone racing with another runner's bib will be disqualified.

Is there gear check this year?

Yes, for the half marathon only. Gear check is not offered for the 5k or the Youth Run.

Is the race USATF certified?

Yes, certification numbers are as follows:

Half: SC21011BW

5k: SC22045BW

Is this race a Boston qualifier?

No, it is not a Boston qualifier.

Can I register on race day?

You may register at packet pick up the day prior using your own device. There is no same day registration.

Where do I get my race bib?

Packet Pick-Up will be at **Firefly Distillery |**
[4201 Spruill Ave., North Charleston, SC 29405](https://www.fireflydistillery.com/4201-spruill-ave-north-charleston-sc-29405)

Can I change my distance?

Runners have until 24 hours before the event to change their distance using the online form on our FAQ page. After that, runners may only change distance during packet pick-up at the customer service table.

Please note: Anyone who runs a distance with the incorrect distance timing chip will be disqualified from the race.

Am I allowed to walk?

Yes, but the course has a 3 and a half hour limit. Half marathon participants must be able to run or speed-walk the first 10.8 miles to exit the City of Charleston by 10:00am (2:30 minutes). For the health and safety of our participants, this will be strictly enforced by local authorities as the course will be then opened to traffic.

Half Marathon - 11:00 AM (3.5 hours)

5k - 9:30 AM (1 Hour)

Any runners remaining on the course after the time limit will no longer be considered race participants and will be required to follow pedestrian laws.

Official times and post-race amenities cannot be guaranteed for runners who finish after the time limit.

We celebrate
the commitment
that made today
possible.



We're proud to support the PNC Bank Charleston Half Marathon. And proud of the steps you take every day to constantly up your game.



HEALTH & SAFETY GUIDELINES

Please do not attend the race if you have COVID-19 or have knowingly been in contact with someone with COVID-19.

IMPORTANT DATES & DEADLINES

Change Distance Deadline

Runners have until **24 hours before the event** to change their distance using the **online form** on the [FAQ page](#). After that, runners may only change distance during packet pick-up at the customer service desk.

Please note: If you purchased bib mailing and changed your distance after the bib mailing deadline of Friday, December 16 at noon, you **MUST** attend Packet Pick-Up to receive the correct bib.

Please note: Anyone who runs a distance with the incorrect distance timing chip will be disqualified from the race.

Deferral Deadline

If you are unable to run as planned, you may defer your registration to the following year using the deferral form on the [FAQ page](#). **Deadline** to defer is **Wednesday, January 4, 2023 at 12:00 PM (noon)**. You are not allowed to transfer bib numbers to another person.

BIB MAILING

All participants that opted to have their race bib mailed will receive their bib in the mail about one week before race day. **Only race bibs will be mailed.** Shirts will be available at the Customer Service tent at the Finish Line Festival after the race.

If you purchased bib mailing, you will not have to attend Packet Pick-Up **unless:**

- Your bib has **not arrived to you by Thursday, January 12.** You will need to come to Packet Pick-Up for us to issue you a new bib.
- **You changed your distance after Friday, December 16 at noon.** The bib you received in the mail is not for the correct distance, and we will need to reissue you a new bib.



PACKET PICK-UP

Date: Friday, January 13th | 9:00 AM to 6:00 PM

Location: Firefly Distillery | [4201 Spruill Ave., North Charleston, SC 29405](#)

There is free parking at the Firefly Distillery.

To ensure a smooth process, we will utilize a reservation system for Packet Pick-Up. Please be sure to reserve your 15-minute slot to pick up your packet at Packet Pick-Up using the [reservation form](#). This form was sent via email and is also available on our website. You only need to reserve a spot one time.

At Packet Pick-Up, you will pick up your participant shirt and race bib. You will also have the option to receive your gear check bag, as well as pick up any spectator shuttle wristbands that you purchased online.

All bibs will be picked up by last name.

Someone can pick-up your race packet for you. All we ask is that they provide a photo ID or picture of your photo ID to receive your race bib.

BIB DETAILS

Your bib has your timing chip attached to the back of it. You must wear your bib in the race. **Please wear your race bib on the front of your shirt with your number facing out.** If you are not wearing a shirt, pin the bib on the front of your shorts. Please do not bend or fold the timing chip!

Each distance will have a specific bib color as follows:

| Half - **ORANGE** | 5k - **BLUE** | Youth - **MINT** |



RACE DAY DETAILS - HALF MARATHON

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HALF MARATHON START TIMES

7:25 AM: Wheelchair & Handcycle Half Start
7:30 AM: Half Marathon Start

START LINE LOCATION

Burke High School
[244 President St.](#)
[Charleston, SC 29403](#)

HALF MARATHON PARKING/GETTING TO THE START LINE

All parking options are suggested. Please note this parking is **FIRST COME, FIRST SERVED**, so **PLAN TO ARRIVE EARLY** if you intend to use these spots!

- Suggested Parking Lot: Hagood Lot | [50 Hagood Ave., Charleston, SC](#)
 - Parking will be **\$5 per vehicle**. Cash and card accepted.
 - Parking attendants will be on site **starting at 5:00 AM**.

UBER/LYFT DROP-OFF LOCATION:

Runners are encouraged to utilize ride share apps with [Harmon Field](#) (intersection of President Street and Line Street) as the drop-off location.

ROAD CLOSURES

Please click [here](#) for a full list of road closures.



HALF MARATHON FINISH

All distances will finish at Firefly Distillery in North Charleston. Important information on how to access Firefly on race day and where to park can be found on page 8.

Firefly Distillery | [1190 Columbia Ave., North Charleston, SC 29405](#)

Please note: The half marathon and the 5k/Youth Run **start in DIFFERENT locations**.

The half marathon starts in Charleston, and the 5k /Youth Run start in NORTH Charleston.

RACE DAY DETAILS - SHRIMP & GRITS 5K

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RACE START TIME

8:30 AM: 5k Start

START LINE LOCATION

Shrimp & Grits 5k (Approximate Address)
[4438 Spruill Ave., North Charleston, SC 29405](#)
(10 minute walk from Firefly)

5K PARKING/GETTING TO THE START LINE

Free parking will be available at Firefly Distillery.

The 5k start line is a **10 minute walk** from Firefly, so **please plan to arrive EARLY** to allow yourself time to park and walk to the start line.

Uber/Lyft Drop-Off Location:

Firefly Distillery | [1190 Columbia Ave., North Charleston, SC 29405](#)



FINISH LINE LOCATION

All distances will finish at **Firefly Distillery in North Charleston**. Important information on how to access Firefly on race day and where to park can be found on 8.

Firefly Distillery | [1190 Columbia Ave., North Charleston, SC 29405](#)

Please note: The half marathon and the 5k/Youth Run **start in DIFFERENT** locations.

The **half marathon** starts in Charleston, and the 5k /Youth Run start in **NORTH Charleston**.

RACE DAY DETAILS - YOUTH RUN

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START TIME

11:00AM: Youth Run Start

START LINE LOCATION

Youth Run | Firefly Distillery

[1190 Spruill Ave., North Charleston, SC 29405](#)

YOUTH RUN PARKING/GETTING TO THE START LINE

Free parking will be available at Firefly Distillery.

Parking is **first come, first served**, so please plan to arrive early to allow yourself time to park before the start of the Youth Run!

Important information on how to access Firefly on race day and where to park can be found on 8.

RACE DETAILS

Distance: Approximately 1 Mile on the field at Firefly

Swag: All race participants will receive a finisher's medal.

On a first come, first served basis, each race participant will be able to choose from a race shirt OR a race beanie while supplies last.

Age Limit: No age restrictions. If participant is younger than 7, an adult must accompany the child on the course.

Strollers: Strollers are allowed, but please note the course will be run on grass.

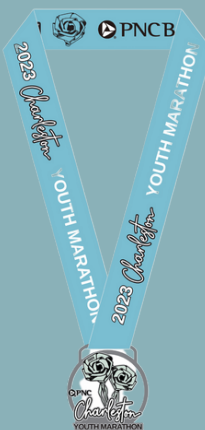


PEYTON MOORE SPIRIT AWARD

The traveling trophy will be awarded to the school with the most Youth Run participants.

Youth Run Award: A purse of \$600 is distributed among the **top three schools** with the most spirit and school participation.

- 1st place: \$300
- 2nd place: \$200
- 3rd place: \$100



Please note: The half marathon and the 5k/Youth Run **start in DIFFERENT locations.**

The **half marathon starts in Charleston**, and the **5k /Youth Run start in NORTH Charleston.**

Important Race Day Road Closure

You **CANNOT** enter Firefly Distillery using the Spruill Ave. entrance on race day. **Spruill Ave will be closed to traffic.**

On race day, please access Firefly using **Columbia Ave.** For directions to the race day entrance, use 1190 Columbia Ave., North Charleston as the address.



FINISH LINE LOCATION

All distances will finish at **Firefly Distillery in North Charleston.**

Firefly Distillery | [1190 Columbia Ave., North Charleston, SC 29405](https://www.fireflydistillery.com/)

PARTICIPANT SHUTTLES

Shuttles will run continuously between the Half Marathon start in Charleston and the finish line in North Charleston from **7:40am – 12:30 pm**.

A race bib or shuttle wristband for a round-trip shuttle ride will be required. Race participants do not need to purchase a shuttle wristband, but spectators do need to purchase one.

Information about spectator shuttle wristbands can be found on page 15.

Shuttle Pick-Up Locations:

- **Half Marathon Start:** Burke High School | [244 President St., Charleston, SC](#)
- **Finish Line:** Firefly Distillery | [1190 Columbia Ave., North Charleston SC](#)

GEAR CHECK

Gear check will **only be available for half marathon participants**. Runners will receive a gear check bag and bag tag at Packet Pick-Up. If you will be using gear check, please **write your bib number on the bag tag, and then attach the bag tag to your bag**, prior to dropping your bag at the gear check vehicle on race morning.

Gear check vehicles organized by bib number will be available for gear drop off race morning near the start line **beginning at 6:30 AM**. Those vehicles will transport runner gear to the finish line festival and be available for pick-up after the race.

The race is not responsible or liable for items placed in your bags and left at the gear check. For those who *did bib mailing*, we will have extra bag tags and bags onsite.

MEDICAL INFORMATION

There will be medical, police and EMS personnel throughout the course, as well as dozens of course volunteers keeping our participants and spectators safe!



TIME LIMIT

Half marathon participants must be able to run or speed-walk the first 10.8 miles to **exit the City of Charleston by 10:00am** (2 hours 30 minutes). For the health and safety of our participants, this will be strictly enforced by local authorities as the course will be then opened to traffic.

5k participants will have one hour to complete the race before the course re-opens to traffic.

Half Marathon: 11:00 AM (3.5 hours)

5k: 9:30 AM (1 Hour)

Any runners remaining on the course after the time limit will no longer be considered race participants and will be required to follow pedestrian laws. Official times and post-race amenities cannot be guaranteed for runners who finish after the time limit.

PACE GROUPS

We have a great group of volunteers who will be pacers for the half marathon. If you would like to run with a pace group, please find the pace group leader with the sign of your desired pace when lining up to start the race.

We expect to offer the following pace groups for the half marathon:

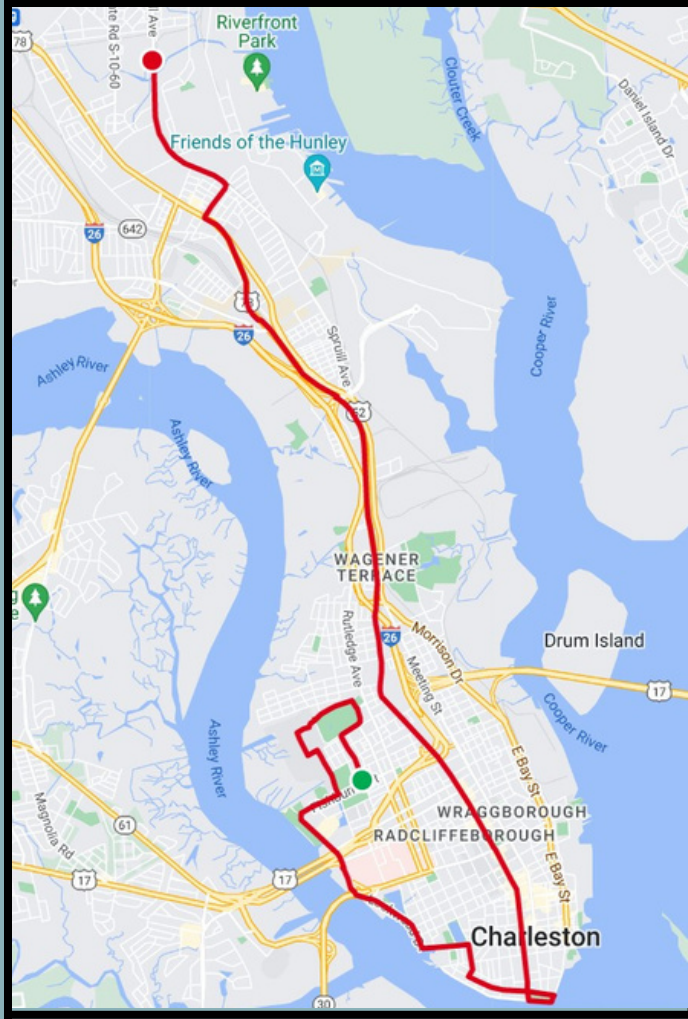
Half marathon: 1:45 | 2:00 | 2:15 | 2:30 | 2:45 | 3:00

PHOTOS

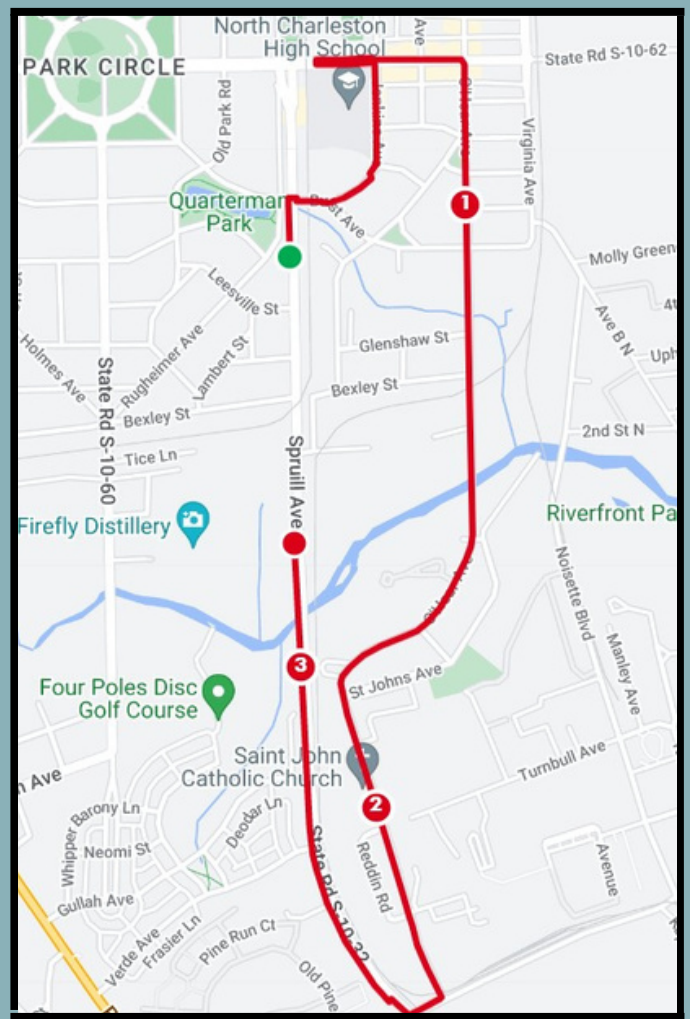
Professional photographers will be along the course as well as at the start/finish line to take pictures throughout the race. We will share these on our website and via email when they become available.



HALF MARATHON COURSE



5K COURSE



[CLICK HERE](#) FOR AN INTERACTIVE COURSE MAP.

HYDRATION & RESTROOMS

Hydration stations will be available for each race at the following mile markers:

- **5K:** Mile 2
- **Half:** Miles 2, 5, 6, 9, 11

Water and Gatorade will be available at all hydration stations.

Gu will be offered at mile 9 of the Half Marathon.

Port-O-Johns will be located at each Aid Station along the course.



ENGAGING CREATIVE MINDS

The PNC Bank Charleston Half Marathon® is proud to continue its longstanding support of Engaging Creative Minds!

Engaging Creative Minds (ECM) mission is to spark creativity and curiosity in all learners through innovative learning experiences.

ECM is an Arts Integration educational nonprofit based in Charleston, South Carolina. ECM works with school districts, principals, teachers and the local workforce to identify specific knowledge and skill sets all students should master before graduating high school. ECM hires and trains local artists, STEM (science, technology, engineering, mathematics) professionals and cultural organizations, called ECM Instructors, to work with grade level teams of teachers to support learning through the Arts.

For more information, check out the Engaging Creative Minds [website](#)!





RACE SWAG

Celebrate your accomplishment with a sleek long sleeve participant shirt, a stunning medal, and an exclusive finisher gift! All PNC Bank Charleston Half Marathon and Shrimp & Grits 5k participants will receive an official race shirt, finisher medal, and finisher gift.

Runners with Bib Mailing: Pick up your race swag on race day at the finish line festival.

RESULTS

Results will be available in real-time online [here](#). There will not be a results tent at the finish line.

OVERALL AWARDS

Overall Awards will be presented to the **top 3** Male and Female finishers in the PNC Bank Charleston and the Shrimp & Grits 5k. Overall awards will be based on gun time.

There will be an awards announcement for overall awards at the Finish Line Festival.

AGE GROUP AWARDS

Age group award medals will be given to the **top 3 male and female** finishers listed in **each age group** for the **PNC Bank Charleston Half Marathon and the Shrimp and Grits 5k**. All age group awards are based on chip time.

Age group awards may be **claimed at the customer service tent** at the Finish Line Festival after the announcement of the overall awards.

Please note:

- Award medals cannot be given until our timing **company verifies and finalizes the race results**. We appreciate your patience!
- For all award recipients, winners must be present to receive their awards; **awards will not be mailed out.**

Age Groups for Half Marathon & 5K

19 & under

45-49

20-24

50-54

25-29

55-59

30-34

60-64

35-39

65-69

40-44

70-74

75 & over



FINISH LINE FESTIVAL

After completing your race, celebrate your accomplishment at our post-race party adjacent to the finish line at Firefly Distillery!

In addition to live music and a finisher gift, we'll have plenty of food and drinks for all participants. Each half marathon and 5k participant will **receive one drink ticket (ages 21+) and one shrimp and grits ticket**. Both tickets will be picked up at the post-race party.

There will also be food trucks on site offering additional food options for purchase, including:

- Smash City Burgers
- The Pita Stroller
- Millers All Day

You will also be able to purchase additional drinks (ages 21+) from Firefly!

AWARDS ANNOUNCEMENT

Overall Awards will be announced for the **top 3** Male and Female finishers in the PNC Bank Charleston Half Marathon and the Shrimp & Grits 5k.

5k Overall Awards Announcement: **9:30 AM**

Half Marathon Overall Awards Announcement: **10:00 AM**

Following the announcement of the overall award recipients, age group awards recipients may pick up their medal at the customer service tent.



POST-RACE SURVEY & EVENT DEALS

Let us know how we did following the race with our Post-Race Survey. We'll email you a link following the race. We'll pick two runners that complete the survey to receive a **FREE RACE ENTRY** to next year's race!

SPECTATOR LOCATIONS

There are MANY great areas for family and friends to cheer on their runner! Some suggestions in Charleston for the half marathon include:

- The Citadel
- King Street
- The Battery at White Point

A suggested spectator spot for the 5k is:

- [E. Montage and O'Hear Avenue](#) in North Charleston

SPECTATOR SHUTTLES

Spectator shuttles will run continuously between the half marathon start in Charleston and the finish line in North Charleston from 7:40am – 12:30pm.

Spectators will require a wristband to ride on the shuttle.

Spectator shuttle wristbands will be sold [online](#) for \$6 prior to the race and until 7:30 AM on race day. After purchasing a spectator wristband online, the spectator will need to **pick up their wristband at Customer Service at Packet Pick-Up or at the Customer Service Tent at the Half Marathon start.** The customer service tent at the Half Marathon Start will close at 7:30 AM. Wristbands will not be available for purchase at the shuttle stops.

- **Spectator Shuttle Pick Up Locations**
 - Burke High School | [244 President St., Charleston, SC](#)
 - Firefly Distillery | [1190 Columbia Ave., North Charleston, SC](#)

POST-RACE PARTY

Join your runner in the celebration at the Finish Line Festival! There will be great food and drink options available for purchase, including Smash City Burgers, The Pita Stroller, and Millers All Day, and delicious cocktails (age 21+) from Firefly Distillery!



THANKS TO OUR 2023 SPONSORS & PARTNERS

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Official Race DJ & Announcer



Official Race Photographer



FOLLOW US ON SOCIAL MEDIA!

Make sure to follow us on our social media platforms to keep updated on all things PNC Bank Charleston Half Marathon! Plus, tag us in your race day photos!



www.capstoneraces.com