

# RACE 13.1<sup>®</sup>

DURHAM, NC

## 2022 Athlete Guide



December 3, 2022

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Orangetheory Fitness  
Fleet Feet Durham  
Michelob Ultra  
• DJ PDOGG •  
Finisher Pix





# GENERAL INFORMATION

## FAQS, RULES & REGULATIONS

### Can I wear headphones?

It is unsafe to wear headphones while running. Event organizers will not restrict headphone use and leave it up to the athlete on their ability to follow direction while wearing headphones. If you choose to wear headphones, please keep the volume down, so you can hear and follow the direction of course volunteers.

### Can someone else run in my place?

No, transfers of bib numbers from person to person is prohibited. Anyone racing with another runner's bib will be disqualified.

### Can I register on race day?

There will be no race day registration, nor race day packet pick-up for any distances. Registration for the half, 10k & 5k will close Friday, December 2 at 5 PM.

### Is there gear check this year?

No, there is ample parking in close proximity to the start & finish area, so we will not offer gear check.

### Is the race USATF certified?

Yes, the half marathon is USATF certified.  
Half Marathon Certification Code: NC21018DF

### Is this race a Boston qualifier?

No.

### Where do I get my race bib?

If you did not purchase bib mailing, you will pick up your bib at **Packet Pick-Up:**

**Fleet Feet Durham | 6807 Fayetteville Rd  
#105, Durham, NC 27713 |  
Friday, December 2 from 12 PM to 6 PM**

### Can I change my distance?

Runners have until 24 hours before the event to change their distance using the online form on our FAQ page. After that, runners may only change distance during packet pick-up at the customer service desk.

**Please note:** If you purchased bib mailing and changed your distance after the bib mailing deadline of November 13 at midnight, you **MUST** attend Packet Pick-Up to receive the correct bib.

**Please note:** Anyone who runs a distance with the incorrect distance timing chip will be disqualified from the race.

### Am I allowed to walk?

Yes, you can walk, but you must complete the race by 11:30 AM. That's about 3 hours & 30 minutes to complete your distance.







# PRE-RACE DETAILS

## HEALTH & SAFETY GUIDELINES

### Pre-Race COVID Check-In

Please do not attend the race if you have had COVID-19 or have knowingly been in contact with someone with COVID-19.

## IMPORTANT DATES & DEADLINES

### Change Distance Deadline

Runners have until 24 hours before the event to change their distance using the online form on our [FAQ\\_page](#). After that runners may only change distance during Packet Pick-Up at the customer service desk.

**Please note:** If you purchased bib mailing and changed your distance after the bib mailing deadline of November 13 at midnight, you **MUST** attend Packet Pick-Up to receive the correct bib.

### Deferral Deadline

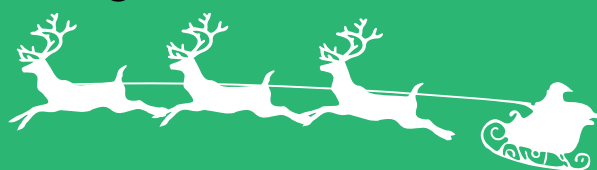
The last day to defer your registration for race credit is **Friday, November 25 at 12 PM (noon)**. NO exceptions will be made following this deadline. To defer your registration, complete the online form on our [FAQ\\_page](#).

**Please note:** Anyone who runs a distance with the incorrect distance timing chip will be disqualified from the race.

## BIB MAILING

All participants that opted to have their race bib mailed will receive their bib in the mail about one week before race day. **Only race bibs will be mailed.** Shirts will be available at the Customer Service tent near the finish line.

All participants that did not opt for bib mailing will need to attend our in-person Packet Pick-Up during their selected time slot to receive their race bib.







## PACKET PICK-UP & BIB DETAILS

**Date:** Friday, December 2 | 12am to 6pm

**Location:** Fleet Feet Durham | [6807 Fayetteville Rd #105, Durham, NC 27713](#)

-- Click the address for Google Map link.

There is free parking in the Fleet Feet shopping center. To ensure a smooth process, we will utilize a reservation system for Packet Pick-Up. An email was sent with a reservation form to reserve your spot for Packet Pick-Up. If you did not receive an email, please use the Reservation Form available on the [Packet Pick-Up page](#) on our website.

**\*\*Please note there will be no race morning packet pick-up.\*\***

All bibs will be picked up by last name.

If you paid for **bib mailing**, but do not receive your race bib before Packet Pick-Up, you will need to attend the Packet Pick-Up to receive a race bib.

Someone can pick-up your race packet for you. All we ask is that they provide a photo ID or picture of your photo ID to receive your race bib.

**Please wear your race bib on the front of your shirt.** If you are not wearing a shirt, pin the bib on the front of your shorts. Please do not bend or fold the timing chip!

Each distance will have a specific bib color as follows:

5k - **Red** | 10k - **Blue** | Half Marathon - **Green**



# RACE DAY DETAILS

## RACE DAY SCHEDULE

**8:00 AM** - Half Marathon Start

**8:10 AM** - 10k Start

**8:20 AM** - 5k Start



## START & FINISH LINE LOCATION

The route will start and finish at Johnson Volvo Durham |  
[966 Southpoint Autopark Blvd., Durham, NC 27713](#) - Click for Google Map Link

## GETTING TO THE START LINE & PARKING

Plenty of parking will be available at Johnson Volvo Cars Durham |  
[966 Southpoint Autopark Blvd., Durham, NC 27713](#) - Click for Google Map Link

**Participants will need to access the start/finish venue from NC-751 on race morning and not from Highgate Drive to avoid road closures.**

Runners can take I-40 to Exit 274, and then turn directly onto Southpoint Autopark Blvd from NC-751 to reach the start area.



**[Click the maps to view a larger image.](#)**

## PACERS

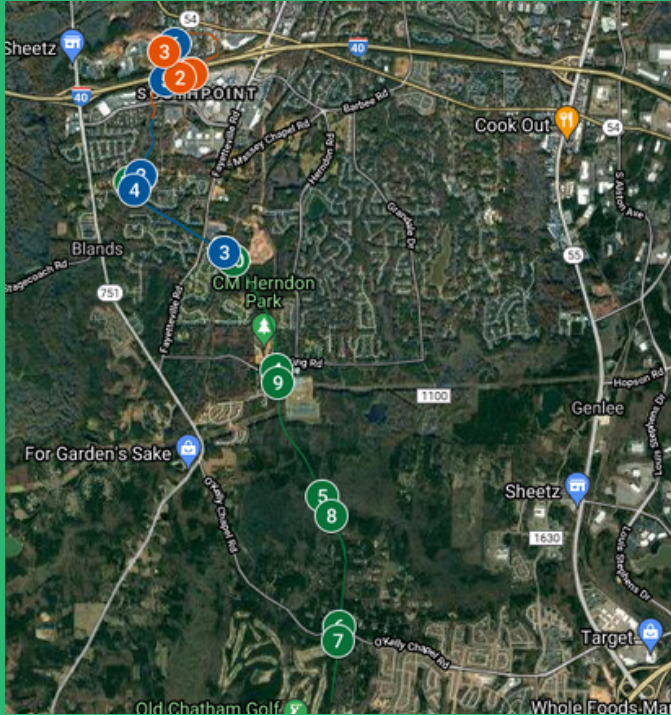
We have a great group of volunteers who will be pacers for the half marathon. We plan to offer the following pace groups:

**1:45 | 2:00 | 2:15 | 2:30 | 2:45 | 3:00 | 3:15**



# COURSE DETAILS

## COURSE MAP & IMPORTANT DETAILS



The race will take place completely on the American Tobacco Trail. This course allows runners to explore the landscape of Durham, NC without worry of the busy city traffic.

All three distances will run out and back along the American Tobacco Trail, so please be aware and cautious of runners coming in both directions. Any crossing of roads or crosswalks will be clearly marked.

**Click the map to view a larger version of the course.**

## HYDRATION STATIONS & RESTROOMS

There will be three hydration stations along the course, and there will be at least one Port-a-John at each hydration station. Each hydration station will serve both water and sports drink.

**Hydration Station #1:** Mile 1.5 (All Distances), 10k Mile 4.5, Half Marathon Mile 11.5

**Hydration Station #2:** Half Marathon Mile 4, Mile 9

**Hydration Station #3:** Half Marathon Mile 6, Mile 7

## MEDICAL INFORMATION

We will have medical professionals on site throughout the race, including a medical support team at the start/finish area. If you have a medical emergency while on the course, please notify the nearest volunteer or police officer so that we can dispatch proper assistance to you as quickly as possible.

## TIME LIMIT

All runners must be finished by **11:30 AM**. This about a 15-minute mile pace for the half marathon. Anyone still on the course after 11:30 AM will no longer be considered a Race 13.1 participant and will be fully responsible for their own well-being.







# POST-RACE DETAILS

## FINISHER FOOD

After the race, celebrate your accomplishment with pizza, a special holiday treat, and a refreshing beverage from Michelob Ultra!



## FINISHER MEDAL & SHIRT PICK-UP

All **half marathon** participants will receive a 2022 Finisher Medal which features a *detachable* snowflake ornament!

Participants that opted to have their bib mailed to them before race day will be able to pick up their participant shirt at the Customer Service Tent after the finish the race.

## HOLIDAY SPIRIT CONTEST

'Tis the season of holiday cheer, sugar cookies and plenty of creative holiday spirit! Run Race 13.1 Durham in your best holiday outfit! There will be **ONE** winner from **EACH DISTANCE** that will receive a **FREE ENTRY** into any Capstone Race event.

We'll announce the winner following the Overall Award Announcements for each distance.

### To be eligible for the contest:

- Wear a holiday themed outfit - It can be wacky, tacky, cute, or funny, as long as it's appropriate!
- Be present during the awards announcement for the race distance you participated in.
  - **5k & 10k Winners Announced: 9:15 AM**
  - **Half Marathon Winner Announced: 10:15 AM**



A special guest will judge and make the final call for each winner. We can't wait to see your best holiday gear!





## RESULTS & PHOTOS

A link to race results will be posted on our website the day before the race. After the race, you will be able to view your results on our website. We will **NOT** have a results tent following the race.

Professional photographers will be taking photographs throughout the race. We'll send you a link to view within 7-10 business days.

## OVERALL AWARDS

**5k & 10K:** Overall awards will be presented to the **first** male and female in the **5k & 10k**.

Winners Announced: **9:15AM**

**Half Marathon:** Overall awards will be presented to the **top 3 male and female finishers** in the **half marathon**.

Winners Announced: **10:15AM**

Following the announcements, *overall awards can be picked up at the **Fleet Feet Tent**.*

**Winners must be present to receive their prize; awards will not be mailed out.**

## AGE GROUP AWARDS

Age group awards will be given to **first male and female finisher** listed in each group for the **10k and 5k**.

Awards will be given to the **top 3 male and female finishers listed** in each age group for the **half marathon**.

Following the announcement of the overall winners, *age group awards can be picked up at the **Customer Service Tent**. **Winners must be present to receive their prize; awards will not be mailed out.***

## POST-RACE SURVEY

Let us know how we did following the race with our Post-Race Survey. We'll email you a link following the race. We'll pick **two runners** that complete the survey to receive a **FREE RACE ENTRY** to any future Race 13.1 event! Thanks in advance!



19 & UNDER

35-39

55-59

20-24

40-44

60-64

25-29

45-49

65-69

30-34

50-54

70-UP





## THANKS TO OUR 2022 SPONSORS & PARTNERS



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Official Race DJ & Announcer

Official Race Photographer



## FOLLOW US ON SOCIAL MEDIA!

Make sure to follow us on our social media platforms to keep updated on all things Race 13.1! Plus, tag us in your race day photos!

