



# 2022 Athlete Guide



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## Sunday, September 11, 2022

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## *Thanks to Our Sponsors!*

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- Finisher Pix**





# GENERAL INFORMATION

## FAQS, RULES & REGULATIONS

### **Can I wear headphones?**

It is unsafe to wear headphones while running. Event organizers will not restrict headphone use and leave it up to the athlete on their ability to follow direction while wearing headphones. If you choose to wear headphones, please keep the volume down so you can hear and follow the direction of course volunteers.

### **Can someone else run in my place?**

No, transfers of bib numbers from person to person is prohibited. Anyone racing with another runner's bib will be disqualified.

### **Can I register on race day?**

There will be no race day registration nor race day packet pick-up for any distances.

### **Is there gear check this year?**

No, there is ample parking in close proximity to the start & finish area, so we will not offer gear check.

### **Is the race USATF certified?**

This year's 13.1 Charlotte is not USATF certified.

### **Where do I get my race bib?**

Packet Pick-Up will be at The Hilton Charlotte Airport on September 9th and 10th. See times and address on next page.

### **Can I change my distance?**

Runners have until 24 hours before the event to change their distance using the online form on our FAQ page. After that, runners may only change distance during packet pick-up at the customer service desk.

**Please note:** Anyone who runs a distance with the incorrect distance timing chip will be disqualified from the race.

### **Am I allowed to walk?**

Yes, you can walk but you must complete the race by 10:30 AM. That's about 3 hours & 30 minutes to complete your distance.



# PRE-RACE DETAILS

## HEALTH & SAFETY GUIDELINES

### Pre-Race COVID Check-In

Please do not attend the race if you have had COVID-19 or have knowingly been in contact with someone with COVID-19.

## IMPORTANT DATES & DEADLINES

### Change Distance Deadline

Runners have until 48 hours before the event to change their distance using the online form on our FAQ page. After that, runners may only change distance during packet pick-up at the customer service desk.

Please note: Anyone who runs a distance with the incorrect distance timing chip will be disqualified from the race.

**Deferral Deadline:** Entries are non-refundable and non-transferable. If you are unable to run as planned, you may defer your registration to next year's race 7 days out from the event or sooner.

## PACKET PICK-UP & BIB DETAILS

### Dates:

Friday, September 9: 5-8 PM

Saturday, September 10: 12-6PM

**Location:** The Hilton Charlotte Airport (2800 Coliseum Centre Dr., Charlotte, NC 28217)

**\*\*Please note there will be no race morning packet pick-up\*\***

All bibs will be picked up by last name. There is **NO Bib Mailing** for this event so you will need to attend the Packet Pick-Up to receive a race bib.

Someone can pick-up your race packet for you. All we ask is that they provide a photo ID or picture of your photo ID to receive your race bib.

Please wear your race bib on the front of your shirt. If you are not wearing a shirt, pin the bib on the front of your shorts. Please do not bend or fold the timing chip! Each distance will have a specific bib color as follows:

| 10k - Blue | Half Marathon - Green |

# RACE DAY DETAILS

## RACE DAY SCHEDULE

7:00 AM- Half Marathon

7:15 AM- 10k start

## NEW START & FINISH LINE LOCATION

The route will start and finish at **Toringdon Circle Shopping Center** (12630 N Community House Rd, Charlotte, NC 28277).

## GETTING TO THE START LINE & PARKING

Plenty of parking is available at **Toringdon Circle Shopping Center** (12630 N Community House Rd, Charlotte, NC 28277).



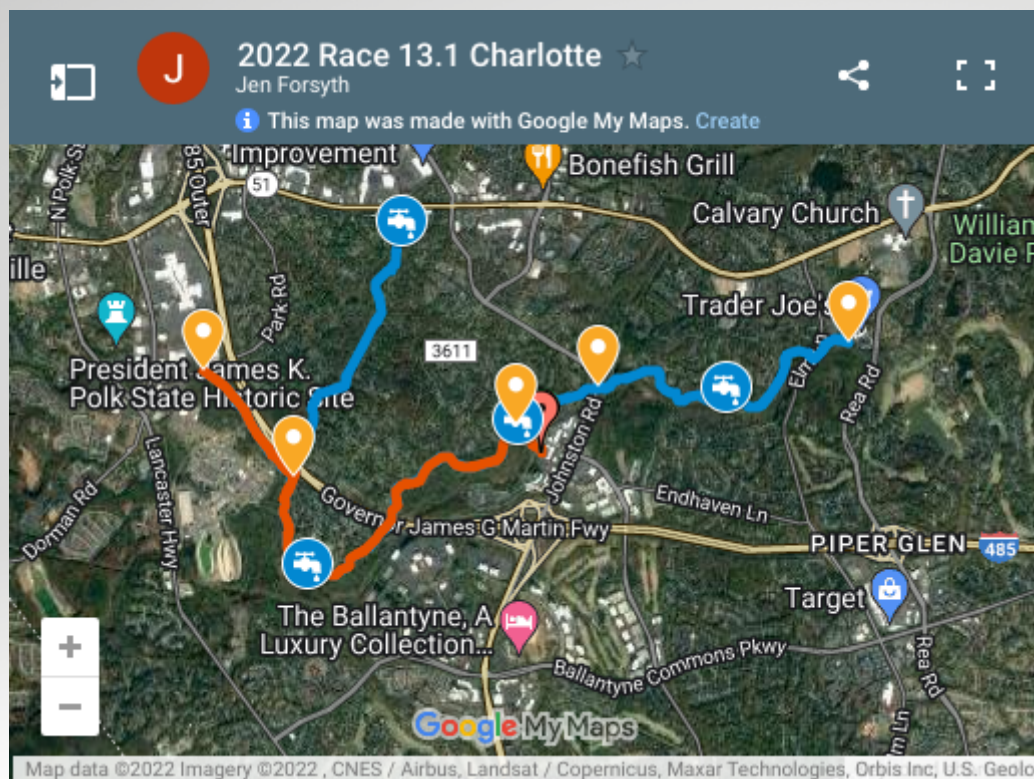
## PACERS & PACE TIMES

There will be no pacers at this year's event.



# COURSE DETAILS

## COURSE MAP & IMPORTANT DETAILS



## HYDRATION STATIONS & RESTROOMS

There will be four hydration stations along the course, and there will be at least one Port-a-John at each hydration station.

**10k:** Miles 2.25 and 4

**Half Marathon:** Miles 1.5, 3.25, 4.5, 6, 8, 10.25, 11.5

[Interactive Map Link](#)

## MEDICAL INFORMATION

We will have medical professionals on site throughout the race, including a medical support tent at the start/finish area. If you have a medical emergency while on the course, please notify the nearest volunteer or police officer so that we can dispatch proper assistance to you as quickly as possible.

## TIME LIMIT

All runners must be finished by 10:30 AM. All distances will have 3:30 to complete the race. This is about a 15-minute mile pace for the half marathon. Anyone still on the course after 10:30 AM will no longer be considered a Race 13.1 participant and will be fully responsible for their own well-being.

## PHOTOS

Professional photographers will be along the course as well as at the start/finish line to take pictures throughout the race. We will share these on our website when they become available.

# POST-RACE DETAILS

## FINISHER FOOD

This year's post race event will feature music, Michelob Ultra beer and pizza for runners after crossing the finish line!

## FINISHER MEDAL & SHIRT

All **half marathon** participants will be rewarded with a 2022 Finisher Medal at the finish line.

Participant Shirt for both distances is 100% Performance Poly and will be provided during packet pick-up.



## BLACK GIRLS RUN!

BGR! participants will also receive a BGR! bonus medal and a wine glass! The wine glass will be provided during packet pick-up and the medal will be provided after the race at the customer service tent.

## RACE RESULTS

Results will be posted in real time online at [Race131.com/results](https://Race131.com/results) during the race. We will **NOT** have a results tent following the race.

There will not be an official awards ceremony. Runners can pick up their age group and overall awards at customer service at the below times.

**10k:** 8:15 a.m.

**Half Marathon:** 9:15



## OVERALL & AGE GROUP AWARDS

Overall awards will be based on gun time and age groups awards will be based on chip time.

There will be no results tent at the finish line. Runners will receive a text message with a link to their individual results upon crossing the finish line.

Overall awards will be presented to the top three finishers (male and female) for the Half Marathon and the 10K, while only First Place runners (male and female) will receive awards for the age groups awards.

## POST-RACE SURVEY & EVENT DEALS

Let us know how we did following the race with our Post-Race Survey. We'll email you a link following the race. We'll pick two runners that complete the survey to receive a FREE RACE ENTRY to any future Race 13.1 event! Thanks in advance!

### AWARD BREAKDOWN

Brought you you by Omega Sports

#### HALF MARATHON OVERALL

Top 3 men and women will receive placement medals and the associated Omega Sports gift card prize!



# OMEGA SPORTS

North Carolina's Neighborhood Sports Store

#### 10K OVERALL

Top 3 men and women will receive placement medals and the associated Omega Sports gift card prize!



### AGE GROUP CATEGORIES

19 and under,	35-39,	60-64,
20-24,	40-44	65-69,
25-29,	45-49,	70-74,
30-34,	50-54,	75 & over
	55-59,	

#### AGE GROUP AWARDS

First place finisher for men and women in both the Half Marathon and the 10K will receive placement medals and the associated Omega Sports gift card prize!



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**SO** **WITH YOUR** **GE**  
**2022**

Official Race DJ & Announcer



Official Race Photographer

