

The
Greenbrier®
HALF MARATHON



PARTICIPANT GUIDE

White Sulphur Springs, WV | Saturday, May 7, 2022



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GENERAL INFORMATION

About The Greenbrier Half Marathon

The Greenbrier Half Marathon, 10k and 5k, returns for its fifth event on Saturday, May 7, 2022! Runners will be treated to a course along some of the country's best golf courses at the base of West Virginia's most breathtaking mountain ranges. Run exclusively on the 11,000-acre grounds of the world-class Greenbrier Resort that has played host to 26 of our country's 46 presidents and has long been a favorite destination of royalty, celebrities and business leaders.

The Greenbrier is widely regarded as one of the finest luxury resorts around the world. Surrounded by the wondrous Allegheny Mountains, The Greenbrier offers exclusive services and amenities such as championship golf, fine dining, more than 55 activities, designer boutiques, a world-renowned mineral spa and a 103,000-square foot gaming and entertainment venue.

Race Weekend Timeline

Friday, May 6

2pm – 7pm – Packet pick-up will be held in the Garden Room in the Upper Lobby of The Greenbrier Resort. **Please note:** There is no race morning packet pick-up

Saturday, May 7

5:15am – 6:45am – Shuttle provided to non resort guests from the [Train Lot](#) to the start line. Shuttles will depart about every 5-10 minutes.

6:45am: Half Marathon starts

6:55am: 10k starts

7am: 5k starts

7:30am – 11:30am – Post-Race Champagne Brunch

9am – Age group awards can be picked up at the Customer Service table

8:30am – 5k and 10k overall awards announced at the stage

9:30am – Half marathon overall awards announced at the stage



GENERAL INFORMATION

Race Rules and Regulations

Can I wear headphones?

It is unsafe to wear headphones while running. Event organizers will not restrict headphone use and leave it up to the athlete on his/her ability to follow direction while wearing headphone devices. If you do choose to wear headphones, please keep the volume level down so you are able to hear and follow the direction of course volunteers.

Can someone else run in my place?

No, you are not allowed to transfer bib numbers to another person.

Can I register on race day?

Registration space is limited. If spots remain, you may register at packet pick-up or online on race day up until packet pick-up ends. If you plan to register either in person or online on race day, be sure to leave time to pick up your race bib by the time packet pick-up ends.

Am I allowed to walk?

Yes, however, you must meet the requirements of completing the race by 10:30am.

Are baby joggers, strollers or pets allowed during the race?

No, this is to ensure runner safety and comply with liability insurance policies.

PACKET PICK-UP

When & Where

All participants of the 2022 Greenbrier Half Marathon event must attend Packet Pick-Up to receive their bib, shirt and runner gift at the following day and time:

Friday, May 6: 2pm – 7pm in the Garden Room located in the upper lobby of The Greenbrier Resort ([315 W. Main St., White Sulphur Springs, WV 24986](#))

If additional brunch tickets were purchased, they can be picked up during Packet Pick-Up.

Parking & Shuttles

Non-resort guests will take the shuttle from the Train Lot ([315 W Main St, White Sulphur Springs, WV 24986](#)) to the hotel for packet pick-up on Friday, May 6. The shuttle will run through the duration of Packet Pick-Up every 10 – 15 minutes.

Participants staying at the resort are encouraged to use either valet or self parking on resort property.



PACKET PICK-UP

Switching Race Distances

You may change increase or decrease your race distance [here](#), until 7 days before the race, Friday April 29th. After that, you must change your race distance in person at packet pick-up. **Please note:** If you do not change your race distance either online or in person with a Resort Races Collection staff member prior to the race start, you will be disqualified from the event.

We do not charge an administrative fee to change your distance. There is no charge to go down in distance, but if you choose a longer distance, you will need to pay the difference between the distances.

PRE-RACE

Separate Start Times

6:45am: Half Marathon starts

6:55am: 10k starts

7am: 5k starts

Parking & Shuttles

Ample parking will be available for non resort guest participants and spectators at the Train lot, located off Route 60. Enter 315 W Main St, White Sulphur Springs, WV 24986 into your GPS device and follow signs for runner parking. From the Train Lot, participants will take a shuttle to the Start Line area.

A shuttle will be provided between 5:15am – 6:45am from the Train Lot to the Start Line area for non resort guests. Participants are encouraged to arrive early for a smooth race morning.

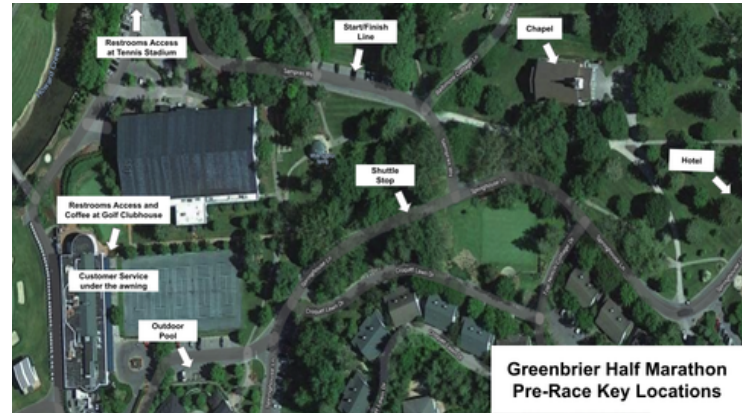
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PRE-RACE

Getting to the Start/Finish Area

The race will start on Sampras Way, past The Greenbrier Chapel and next to The Greenbrier Tennis Club & Fitness Center. Resort guests can exit the hotel through the north entrance and proceed down Spring House Land towards The Greenbrier Chapel.



Click to enlarge.

Non-resort guests will take the shuttle from the Train Lot (315 W Main St, White Sulphur Springs, WV 24986) to the Start Line area on race morning.

Bibs

Please wear your race bib on the front of your shirt or the front of your shorts. Please do not bend or fold the timing chip (on the back of your bib)! Each race distance will have a specified bib color:

➡ Bibs: **5k – Blue** | **10k – Red** | **Half Marathon – Green**

No Gear Check

Gear check will not be available for the 2022 event. Participants are encouraged to leave any gear in their rooms, cars or with a friend/family member near the start/finish line

DURING THE RACE

Spectator Locations

For all distances, guests may cheer on their runners in front of the resort main circular driveway, at the start Start Line or at the Finish Line by The Greenbrier Tennis Club and Fitness Center!

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DURING THE RACE

Course Maps

The Greenbrier course is unlike any other Resort Race. Participants will enjoy a run through some of the country's most renowned golf courses while alongside pristine, free-flowing creeks and views of the Allegheny mountains.

Click the maps below to show a larger version online!

Half Marathon



10k



5k



Hydration Stations

There will be plenty of hydration stations along the course. The locations of the hydrations stations are marked by mileage:

Half Marathon Miles: 2.5, 4.5, 6, 8.5, 11, 12

10k Miles: 1.5, 3.5, 5

5k Mile: 2



DURING THE RACE

Time Limits

Half marathon runners must complete their race in 3 hours and 30 minutes (by 10:15 am).

Medical Support

We will have medical professionals on site throughout the race, including at the start/finish area.

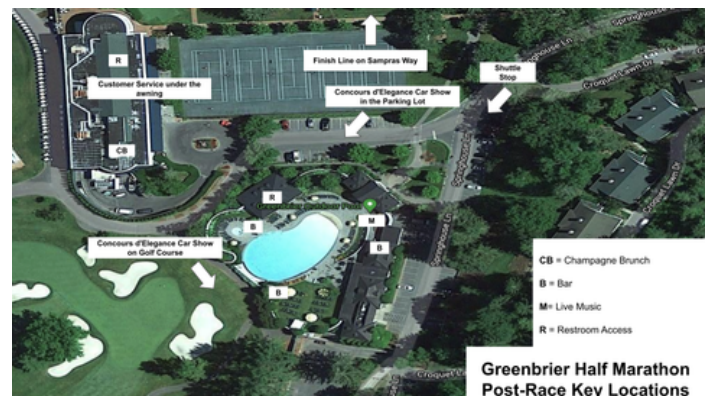
If you have a medical emergency while on the course, please notify the nearest volunteer or police officer so that we can dispatch proper assistance to you as quickly as possible.

AFTER THE RACE

Shuttles & Map

A shuttle will run after the race from the Finish Line to the Train Lot until 12:00pm.

Shuttles are not needed for guests staying at the Greenbrier. They can simply walk down to the start/finish line from the North Entrance of the property.



[Click to enlarge.](#)

Finisher Medals

Every half marathon, 10k and 5k finisher will be presented with a finisher medal after they cross the finish line!

Results

There will be no results tent at the finish line. Runners will receive a text message with a link to their individual results upon crossing the finish line.



AFTER THE RACE

Awards

Overall awards will be determined by gun time and age group awards will be determined by chip time. Medal awards will be presented to the top three overall finishers male and female, and the top three age group finishers male and female in the Half Marathon, 10K and 5k in the following age categories:

19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & over

Overall awards for the 5k and 10K will be announced on the stage at 8:30am. Age group awards may be picked up at the Customer Service Table any time after 8 a.m.

Overall awards for the Half Marathon will be announced at 9:30am on the stage, and age group awards may be picked up at the Customer Service Table any time after 9 a.m. Winners must be present to receive their prize; awards will not be mailed out.

Post-Race Champagne Brunch

After your race, enjoy a delicious champagne brunch at the Outdoor Pool prepared by The Greenbrier's exquisite culinary team, a live band and more! One entry to the post-race brunch is included with registration and any additional tickets can be purchased [here](#). The post-race party will be held from 7:30am - 11:30am.

Post-Race Brunch Menu Items Include:

- Chunked Summer Fruit
- Assorted Greek Yogurts and Granola
- Selection of Bagels with Greenbrier Jams, Preserves, Creamery Butter & Cream Cheese
- Chocolate and Plain Croissants
- Cinnamon Rolls
- Farm Fresh Scrambled Eggs
- Baked Brioche French Toast, Maple Syrup, Butter
- Coffee, Juice, Sodas, Water, Iced Tea



AFTER THE RACE

Concours d'Elegance Car Show

There's no better way to complete the ultimate luxury race weekend than by enjoying the annual Concours d'Elegance at The Greenbrier.

The Greenbrier Concours d'Elegance will mark its fifth anniversary May 6–8, 2022 with a weekend celebration of the automobile and its incredible history at America's Resort. The weekend includes drives, dinners, shows, charity and much more. It all culminates with a Sunday Concours, with nearly 100 of the finest collector cars in the world on display for the judges. This year's featured class is Preservation Cars. Click [here](#) to view the schedule.

Runner Amenities

All participants of the 2022 Greenbrier Half Marathon race will receive:

- Entrance to the post-race party and Champagne Brunch
- Participant Performance Tee
- Finisher Medal
- Runner gift(*receive at Packet Pick-Up*)
- Access to amenities offered by the resort, including golf, the spa, dining and more!

Resort Offers for Runners

The Greenbrier Resort, is proud to offer all race participants the discounts below to take advantage of during race weekend!

- **Complimentary Dessert with Purchase of a Dinner Entree.** From bananas foster at Prime 44 West to a homemade milkshake at Draper's, The Greenbrier's mouthwatering desserts will satisfy any sweet tooth!
- **15% Discount on Select Activities.** Choose from a variety of activities that The Greenbrier has to offer including bunker tours, escape rooms, bowling, croquet, and pickleball.
- **10% Discount on a Sulphur Soak.** After crossing the finish line enjoy a Sulphur Soak to ease tired and sore muscles. This offer is only valid on Saturday, May 7th.
- **10% Discount on services at The Greenbrier MedSpa**

These offers are available to all participants even if you are not staying at the resort during race weekend. Runners will need to show their bib in order to receive the discounts.



AFTER THE RACE

Participant Photos

Professional photographers will be along the course as well as the start/finish area to take pictures of every runner throughout the race.

A link to photos will be available at GreenbrierHalfMarathon.com and emailed to runners within 7-10 following the race.

Post-Race Survey

You will receive a link to complete a post-race survey within a few days after the race. Your feedback helps us make improvements for future races so that we can continue to provide an extraordinary race experience. Thank you in advance!

Official Race DJ



@ResortRaces
#GreenbrierHalf

