



2022 Charleston Marathon

Participant Guide

January 15, 2022

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General Info

Note to Participants

Welcome to the 12th anniversary of the Charleston Marathon!

We know that you work hard to train for race day, and we work hard to ensure that your preparation is rewarded. From a scenic course through historic Charleston, to Lowcountry-inspired swag, to a brand new finish line experience at Firefly Distillery, we hope you have an exceptional experience with us.

We'll be waiting at the finish line for you, medal in hand, ready to celebrate your great accomplishment. See you on race day - January 15, 2022!

Race Rules & Regulations

What are the COVID-19 safety protocols in place?

All participants are strongly encouraged to wear a mask at the start and finish areas and to maintain a social distance of 6ft whenever possible. Do not attend the event if you are currently affected by COVID-19, are experiencing symptoms, or have knowingly been in contact with someone with COVID-19. Those attending the expo must abide by the Gaillard Center's safety protocols. Health and safety protocols are subject to change leading up to the event.

Can I wear headphones?

It is unsafe to wear headphones while running. Event organizers will not restrict headphone use and leave it up to the athlete on their ability to follow direction while wearing headphones devices. If you do choose to wear headphones, please keep the volume down so you are able to hear and follow the direction of course volunteers.

Can someone else run in my place?

No, you are not allowed to transfer bib numbers to another person.

General Info

Race Rules & Regulations

Can I register on race day?

No, there will be no race day registration. Registration will close one hour before the end of the Health & Wellness Expo on January 14. Registration equipment will not be available on-site during the expo, so please register on your computer or smartphone before attending the expo to pick up your race packet.

Is there Race Day packet pick-up?

No, there will be no race day packet pick-up. Participants must either add Bib Mailing before the December 17th 12 PM ET deadline or attend the Health & Wellness Expo to receive their packet.

Am I allowed to walk?

Yes, however you must meet the minimum requirements for the full and half marathon. Time limits will be strictly enforced by local authorities, for the health and safety of our participants, as the course will then be opened to traffic. Official times and post-race amenities cannot be guaranteed for participants that finish after the time limit.

- Both distances: Run or speed walk the first 10.8 miles of the course to exit the City of Charleston by 10 AM.
- Full Marathon time limit of 6 hours overall; Half Marathon time limit of 4 hours overall

Are strollers and baby joggers allowed?

No, strollers are not allowed on any of the courses. Thank you for your understanding.

Health & Wellness Expo

When & Where

Date: Friday, January 14, 2022

Time: 10:00 AM - 8:00 PM

Location: The Grand Ballroom of the Gaillard Center ([95 Calhoun St, Charleston, SC 29401](https://www.google.com/maps/place/95+Calhoun+St,+Charleston,+SC+29401))

**Please note: Runners that have added Bib Mailing do NOT need to attend the expo unless your bib did not arrive by Thursday, January 13, or you changed your distance online after December 17th at 12 PM ET.*

Health & Wellness Expo

Parking

We suggest parking at the Gaillard Center parking garage:

Gaillard Center Garage – [33 Alexander Street, Charleston, SC](#)

Additional other garage options can be found [here](#). If you are staying in a [hotel](#) near the Gaillard Center, we'd strongly recommend walking or taking an Uber or taxi to the expo as parking may be limited!

COVID-19 Safety Protocols

Runners will reserve a time slot to attend the Expo and pick up their race packet.
Time reservation form coming soon!

Due to the rolling flow of people at our event, the Gaillard Center is NOT requiring proof of vaccination or a negative covid test at this time. All staff, volunteers, and attendees aged three years and older are required to be fully masked.

Picking Up for Someone Else

We allow you to pick up bib and swag for someone else other than yourself with a copy of their photo I.D. or registration confirmation. Showing either forms of identification on a phone or printed will be accepted.

**Please note: Runners that have added Bib Mailing will pick up their swag at the finish line festival on race day.*

Changing Distance

You may increase or decrease your race distance prior to the race. There is no charge for you to go down in distance, you will need to pay the difference when going up in distance.

Please note: If you do not change your distance online or in person with a Charleston Marathon staff member prior to race start, or you used a mailed bib that was assigned to you before you changed distance, and run a distance for which you do not have a bib, you will be disqualified from the event

Health & Wellness Expo

Changing Distance cont'd...

Runners without Bib Mailing: You can change your distance by completing the [Change Distance Form here](#) until 24 hours before the race. If you need to change your distance after this deadline, please see Customer Service at packet pick-up.

Runners with Bib Mailing: The deadline to change your distance and have it reflected on your mailed bib is **December 17th at 12 PM ET**. You can still change your distance after this deadline, but **MUST** attend the Expo to receive a new bib. You can change your distance online [here](#).

Runners with Bib Mailing

Runners with Bib Mailing do not need to attend the Health & Wellness Expo UNLESS one of the following apply:

- Your bib did not arrive by Thursday, January 13th
- You changed your distance online after the deadline of December 17th at 12 PM ET

You will pick up your swag after the race at the finish line festival and do not need to pick up swag beforehand. All bib mailers' swag will be sent directly to the finish line and will not be available to be picked up at the expo.

Race Morning: Pre-Race

Start Times & Locations

Marathon:

7:10 AM

Burke High School

[244 President St, Charleston, SC 29403](#)

Half Marathon:

7:30 AM

Burke High School

[244 President St, Charleston, SC 29403](#)

Shrimp and Grits 5k:

8:30 AM

[Bexley Street and Aragon Ave in North Charleston, SC](#)

Youth Marathon:

1 PM

[4201 Spruill Ave North Charleston, SC 29405](#) (on the Firefly Distillery field)

Race Morning: Pre-Race

Getting to the Start/Finish Areas

All parking options listed below are suggested lot and are on a first come, first served basis. We highly recommend carpooling or taking an Uber/Lyft/Taxi as well as arriving at least 45 minutes prior to your race start to alleviate race morning stress!

FULL & HALF MARATHON:

Suggested Parking Lot: Hagood Lot – 50 Hagood Ave, Charleston, SC – Parking will be \$5 per vehicle. Cash and Credit accepted.

Suggested Uber / Lyft / Taxi Drop-Off

Address: Harmon Field – Intersection of President St. and Line St.

5k & YOUTH MARATHON:

Suggested Parking: Parking will be available at Firefly Distillery. Vehicles will need to come in from the North end and use Bexley to Spruill only. All other options will be blocked.

Suggested Uber / Lyft / Taxi Drop-Off: Firefly Distillery. **Please see note above.*

ROAD CLOSURES: Please [click here](#) for a full list of road closures.

Shuttle

Spectator and participant shuttles will run continuously between the Marathon and Half Marathon start in Charleston and the finish line in North Charleston from 7:30 AM – 1:30 PM. **A race bib or shuttle wristband for a round-trip shuttle ride will be required.** Spectator shuttle wristbands will be sold for \$5 at the Expo on Friday and at the Customer Service table on race day. Wristbands will not be available for purchase at the shuttle stops.

Spectator Shuttle Pick Up (Marathon & Half Marathon): Burke High School – [244 President St., Charleston, SC](#)

Post- Race Shuttle Pick Up (Marathon & Half Marathon): Adjacent to the finish area at [Firefly Distillery](#)



Race Morning: Pre-Race

Gear Check

Gear check will be available for full and half marathon participants only.

Gear check vehicles organized by last name will be available for gear drop off race morning near the starting line. Those vehicles will transport runner gear to the finish line festival and be available for pickup. We will only accept race issued bags that will be distributed at the Expo. We will have extra bags on-site race day for anyone who chose bib mailing and wants to check a bag.

Bibs

Please wear your bib on the front of your shirt or shorts. *Please do no bend or fold the timing chip!* Each distance will have a specified bib color listed below.

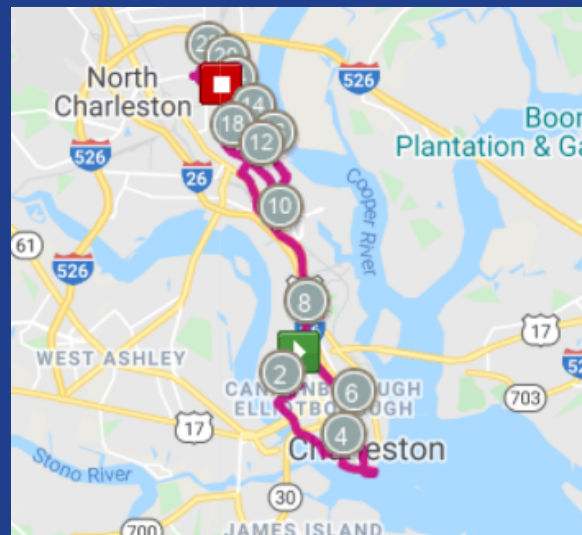
➔ **Marathon** | **Half Marathon** | **5k** | **Youth Marathon**

During the Race

Course Maps

We have introduced some exciting changes for the 2022 courses!

Please [click here](#) for the 2022 course maps for all distances.



Aid Stations

Aid stations will be available on course with hydration and port-o-johns at the following locations:

Full: Miles 2, 5, 6, 9, 11, 13, 17, 19, 21, 23, 25

Half: Miles 2, 5, 6, 9, 11

5K: Mile 2

GU will be offered at at miles 9 and 13/17.

During the Race

Time Limit

Marathon: The course has a 6 hour limit. Marathon participants must be able to run or speed walk the first 10.8 miles of the course to exit the City of Charleston by 10:00 am (2 hours and 40 minutes). This will be strictly enforced by local authorities, for the health and safety of our participants, as the course will then be opened to traffic. **Note: All runners must finish the full marathon within the 6 hour time limit in order to receive an official time and a finisher's medal.**

Half Marathon: The course has a 4 hour limit. Half Marathon participants must be able to run or speed walk the first 10.8 miles of the course to exit the City of Charleston by 10:00 am (2 hours and 30 minutes). This will be strictly enforced by local authorities, for the health and safety of our participants, as the course will then be opened to traffic. **Note: All runners must finish the full marathon within the 4 hour time limit in order to receive an official time and a finisher's medal.**

Medical Support

There will be medical, police and EMS personnel throughout the course, as well as dozens of course volunteers keeping our participants and spectators safe!

Pace Groups

We have a great group of volunteers who will be pacers for the full and half marathons. If you would like to run with a pace group, please find the pace group leader with the sign of your desired pace in the corral when lining up to start the race.

Full: 3:15 | 3:30 | 3:45 | 4:00 | 4:15 | 4:30 | 4:45 | 5:00 | 5:15 | 5:30 as well as a sweeper.

Half: 1:30 | 1:45 | 2:00 | 2:15 | 2:30 | 2:45 | 3:00.

During the Race

Spectator Information

Shuttles: Spectator shuttles will run from the Marathon and Half Marathon start in Charleston to the finish line in North Charleston from 7:30am - 8:30am and again from the finish line back to Charleston from 9:00am - 1:30pm.

A ticket for a round-trip shuttle ride will be required. Spectator shuttle tickets will be sold for \$5 at the Expo on Friday and at the Customer Service table on race day. In Charleston, tickets for the shuttle to North Charleston will be sold at Burke High School until 8:00 AM. In North Charleston, tickets will be sold until 1:30 PM. Tickets will not be available for purchase at the actual shuttle stops.

Spectator Locations: King Street and The Battery at White Point in Charleston are both ideal spectating locations for full and half marathon runners.

Another great location for spectating is Park Circle in North Charleston. If you follow North Rhett all the way to Park Place North, you can park and walk up to the circle to see participants run past at Mile 24.

Please note: Runners and spectators can review all traffic information, including road closures and metering at CharlestonMarathon.com/Traffic.

Please note that parking is limited in all recommended spectator locations. Please be mindful of parking restrictions and costs.

Post-Race Party Tickets: All participants receive one ticket for a serving of shrimp & grits as well as one drink ticket. Spectators may purchase tickets for shrimp & grits for \$5 at the Customer Service tent. Additional drink tickets can be purchased at Firefly Distillery.

After the Race

Swag

Celebrate 12 Years Running with a sleek long sleeve participant shirt, a stunning medal inspired by Lowcountry culture and an exclusive finisher gift! All participants will receive an official race shirt, finisher medal and finisher gift.

Runners with Bib Mailing: Pick up your race swag on race day at the finish line festival.

Awards

Overall awards will be given to male and female overall winners for each timed event (excludes Youth Marathon) based on gun time.

Age group awards will be determined using chip time and will be presented to the top three Marathon, Half Marathon and 5k male and female finishers in the following age categories: 19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & over.

Awards can be picked up at the Customer Service tent near the finish line.

No overall or age group medals or awards will be mailed; you must be present to pick up your award.

Youth Marathon Award: A purse of \$600 is distributed among the top three schools with the most spirit and school participation.

- 1st place: \$300
- 2nd place: \$200
- 3rd place: \$100

Also The Peyton Moore Spirit Award: The traveling trophy will be awarded to the school with the most Youth Marathon Runners, in honor of Peyton Moore.

After the Race

Results

There will be no results tent this year. Participants will receive a text with their results and can also check official results on CharlestonMarathon.com.

The Charleston Marathon Benefits Engaging Creative Minds

The Charleston Marathon® is proud to continue its longstanding support of [Engaging Creative Minds!](#)

Engaging Creative Minds (ECM) mission is to spark creativity and curiosity in all learners through innovative learning experiences. ECM's goals are:

- Students achieve academically, stay engaged in school and succeed in life
- Teachers develop Arts Integration teaching strategies

To accomplish its mission, ECM facilitates Engaged Learning Experiences (ELEs) throughout the school year, a six-week summer camp, Summer STEAM Institute®, designed to prevent summer learning loss, and professional development for teachers.

Both teachers and students report that ECM is a powerful model of success.



After the Race

Shadow Runners

Shadow Runners do not need to attend the Expo or race day and will participate virtually whenever and wherever is convenient for you! Race swag will be shipped to you within a few weeks of the conclusion of the in-person event. Swag can only be shipped to a U.S. mailing address.

Post-Race Survey

You will receive a link within a few days after the race for a post-race survey. Your feedback helps us make future improvements for future races so that we can continue to provide first-class events! To show our appreciation for you taking the time to fill out the survey, we will randomly select two runners to receive a **FREE RACE ENTRY** to next year's event. Thanks in advance!



Have questions? We're here to help!

Use the contact information below and we'll respond as soon as possible.

Email: info@charlestonmarathon.com

Facebook: @charlestonmarathon | Instagram: @charlestonmarathon