



2021 Participant Guide



December 4, 2021



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GENERAL INFORMATION

FAQS, RULES & REGULATIONS

Can I wear headphones?

It is unsafe to wear headphones while running. Event organizers will not restrict headphone use and leave it up to the athlete on their ability to follow direction while wearing headphones. If you choose to wear headphones, please keep the volume down so you can hear and follow the direction of course volunteers.

Can someone else run in my place?

No, transfers of bib numbers from person to person is prohibited. Anyone racing with another runner's bib will be disqualified.

Can I register on race day?

There will be no race day registration nor race day packet pick-up for any distances. Registration for the half, 10k & 5k will close Friday, December 3 at 5 PM.

Is there gear check this year?

No, there is ample parking in close proximity to the start & finish area, so we will not offer gear check.

Will there be hand sanitizer?

Yes, there will be plenty of hand sanitizer and wash stations throughout the event.

Where do I get my race bib?

Participants that have not elected to receive their race bib in the mail will need to attend our in-person Packet Pick-Up at [Fleet Feet Durham](#) on Friday, December 3 from 12PM to 6:15 PM.

Can I change my distance?

Runners with bib mailing have until November 12 at 12 PM to change distance. After this deadline, you will still be able to use this form to change distance, but you **MUST** attend packet pick-up to receive your new bib.

Runners WITHOUT bib mailing have until 24 hours before the event to change distance. After this deadline you will need to make your changes during the packet pick-up.

Please note: Anyone who runs a distance with the incorrect distance timing chip will be disqualified from the race.

Am I allowed to walk?

Yes, you can walk but you must complete the race by 11:30 AM. That's about 3 hours & 30 minutes to complete your distance.



PRE-RACE DETAILS

HEALTH & SAFETY GUIDELINES

Pre-Race COVID Check-In

Please do not attend the race if you have had, or knowingly been in contact with, someone experiencing any of the following symptoms in the past 14 days:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell

Hand Sanitizer/Washing Stations

There will be plenty of Hand Sanitizer throughout the entire event.

Masks are Recommended in the Start and Finish Area

We strongly recommend that all participants wear a mask at the start line before the race and upon crossing the finish line at the end of the race.

PRE-RACE DETAILS

IMPORTANT DEADLINES

Change Distance Deadline:

- **Runners with bib mailing** had until **November 12 at 12 PM** to change distance. Following this deadline, you will still be able to use the form to change your distance, but you **MUST** attend packet pick-up to receive your new bib.
- **Runners WITHOUT bib mailing** have until 24 hours before the event to change distance. After this deadline you will need to make your changes during the expo/packet pick-up at the customer service desk.

[Click here to change your distance.](#)

Please note: Anyone who runs a distance with the incorrect distance timing chip will be disqualified from the race.

Deferral Deadline: The last day to defer your registration for race credit was Friday, November 12 at 12 PM (noon). **NO** exceptions will be made following this deadline.



IMPORTANT DEADLINES CONTINUED...

Bib Mailing Deadline: The last day to add bib mailing to your registration is **Tuesday, November 16 at 11:59 PM**. After this deadline, you must attend the in-person Packet Pick-Up to receive your race bib. [Click here to have your race bib mailed.](#)

BIB MAILING

All participants that opted to have their race bib mailed will receive their bib in the mail about one week before race day. **Only race bibs will be mailed.** Shirts will be available at the finish line for pick-up.

All participants that did not opt for bib mailing will need to attend our in-person Packet Pick-Up during their selected time slot to receive their race bib.

PACKET PICK-UP & BIB DETAILS

Date: Friday, December 3

Location: Fleet Feet Durham at [6807 Fayetteville Rd #105, Durham, NC 27713](#)

Times: 12 PM to 6:15 PM

To better control the parking/traffic flow and avoid long lines we will implement a reservation system so we can serve you quicker! We will have 15 minute time slots from 12 PM to 6:15 PM. [Click here to reserve your time now!](#)

****Please note there will be no race morning packet pick-up**

All bibs will be picked up by last name. If you paid for bib mailing, but do not receive your race bib before Packet Pick-Up you will need to attend the Packet Pick-Up to receive a race bib.

Someone can pick-up your race packet for you. All we ask is that they provide a photo ID or picture of your photo ID to receive your race bib.

Please wear your race bib on the front of your shirt. If you are not wearing a shirt, pin the bib on the front of your shorts. Please do not bend or fold the timing chip! Each distance will have a specific bib color as follows:

5k - Red | 10k - Blue | Half Marathon - Green

RACE DAY DETAILS

RACE DAY SCHEDULE

8:00 AM- Half Marathon

8:10 AM- 10k start

8:20 AM - 5k starts

9:15 AM - 5k and 10k overall awards will be announced. Age group awards can be claimed at the Race 13.1 Customer Service tent following the awards presentation.

10:15 AM - Half Marathon overall awards will be announced. Age group awards can be claimed at the Race 13.1 Customer Service tent following the awards presentation.

NEW START & FINISH LINE LOCATION

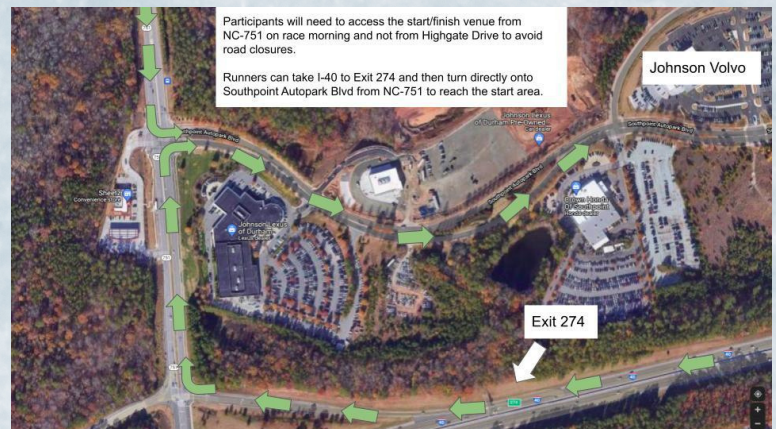
The route will start and finish at Johnson Volvo Durham ([966 Southpoint Autopark Blvd, Durham, NC 27713](#)).

GETTING TO THE START LINE & PARKING

Plenty of parking will be available to runners at Johnson Volvo Cars Durham [966 Southpoint Autopark Blvd, Durham, NC 27713](#)

Participants will need to access the start/finish venue from NC-751 on race morning and not from Highgate Drive to avoid road closures.

Runners can take I-40 to Exit 274 and then turn directly onto Southpoint Autopark Blvd from NC-751 to reach the start area.



[Click the maps to view a larger image.](#)



PACERS & PACE TIMES

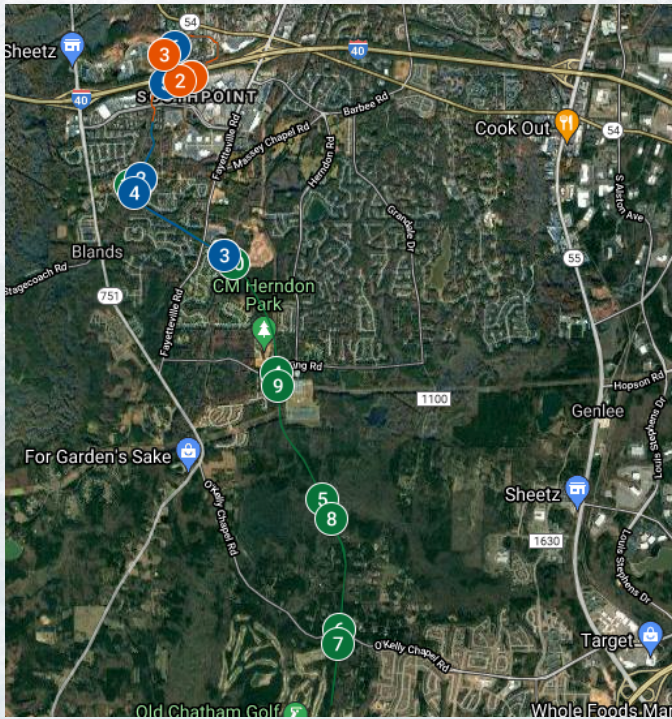
We have a great group of volunteers who will be pacers for the half marathon. We plan to offer the following pace groups:

1:45 | 2:00 | 2:15 | 2:30 | 2:45 | 3:00 | 3:30 | Sweeper

Complete the pacer application now and our race director will reach out to you shortly. [Click here to complete the pacer application.](#)

COURSE DETAILS

COURSE MAP & IMPORTANT DETAILS



The 2021 race will take place completely on the American Tobacco Trail. This course allows runners to explore the landscape of Durham, NC without worry of the busy city traffic.

All three distances will run out and back along the American Tobacco Trail so please be aware and cautious of runners coming in both directions. Any crossing of roads or crosswalks will be clearly marked.

Click the map to view a larger version of the new course.

HYDRATION STATIONS & RESTROOMS

There will be three hydration stations along the course, and there will be at least one Port-a-John at each hydration station. Each hydration station will serve both water and sports drink.

Hydration Station #1: Mile 1.5 (All Distances), 10k Mile 4.5, Half Marathon Mile 11.5

Hydration Station #2: Half Marathon Mile 4, Mile 9

Hydration Station #3: Half Marathon Mile 6, Mile 7

MEDICAL INFORMATION

We will have medical professionals on site throughout the race, including a medical support tent at the start/finish area. If you have a medical emergency while on the course, please notify the nearest volunteer or police officer so that we can dispatch proper assistance to you as quickly as possible.



TIME LIMIT

All runners must be finished by 11:30 AM. All distances will have 3:30 to complete the race. This about a 15-minute mile pace for the half marathon. Anyone still on the course after 11:30 AM will no longer be considered a Race 13.1 participant and will be fully responsible for their own well-being.

POST-RACE DETAILS

FINISHER FOOD

After the race, runners will be treated to Papa John's Pizza along with other post-race snacks. We will not have beer following the race this year.

FINISHER MEDAL & SHIRT PICK-UP

All half marathon participants will be rewarded with a 2021 Finisher Medal.

Participants that opted to have their bib mailed before race day will be able to pick up their participant shirt at the Customer Service Tent after they cross the finish line.



HOLIDAY SWEATER CONTEST

'Tis the season of holiday cheer, sugar cookies and plenty of creative holiday sweaters! Run Race 13.1 Durham in your best holiday sweater! After all, it's not the holidays until you have a tacky sweater, right?

There will be ONE winner from EACH DISTANCE that will receive a FREE ENTRY into any Capstone Races event. We'll announce the winner following the Overall Award Announcements. The criteria to win is simply having a holiday sweater/holiday themed outfit on. It can be wacky, tacky, cute or funny as long as it's appropriate. Our staff will judge and make the final call for each winner.



5k & 10k: 9:15 AM

Half Marathon: 10:15 AM



RESULTS & PHOTOS

Results will be posted in real time online at Race131.com/results during the race. We will **NOT** have a results tent following the race.

Professional photographers will be along the course as well as at the start/finish line to take pictures of every runner throughout the race. We'll send you a link to view and purchase with 7-10 business days.

OVERALL & AGE GROUP AWARDS

Only Overall Awards will be announced by DJPDOGG (5k & 10k: 9:15 AM & Half Marathon: 10:15 AM). Following the announcement both Overall & Age Group Awards can be picked up at Customer Service Tent. Winners must be present to receive their prize; awards will not be mailed out.

You may claim your award at the Race 13.1 Customer Service tent if you are unable to stay for the awards ceremony. Age group and overall winners will receive a medal and a gift card for the amounts listed below:

Age groups are as follows: 19 & under; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; and 70-up.

Overall Awards and Gift Cards Provided by Fleet Feet			
	5k	10k	Half Marathon
1st	Gift Card + Medal	Gift Card + Medal	Gift Card + Medal
2nd			Gift Card + Medal
3rd			Gift Card + Medal
Age Group Awards and Gift Cards Provided by Fleet Feet			
	5k	10k	Half Marathon
1st	Gift Card + Medal	Gift Card + Medal	Gift Card + Medal
2nd			Gift Card + Medal
3rd			Gift Card + Medal

POST-RACE SURVEY & EVENT DEALS

Let us know how we did following the race with our Post-Race Survey. We'll email you a link following the race. We'll pick two runners that complete the survey to receive a **FREE RACE ENTRY** to any future Race 13.1 event! Thanks in advance!

We'll also send you discount and special offers to the email you used when registering. These event deals will feature great offers from many of our sponsors and partners.

MAN'S BEST FRIEND VIRTUAL RACE

COOL-DOWN RUN DEC. 4TH - 12TH

**What's better than ringing in the holiday season with Race 13.1 Durham?
Ringing it in with a run with your doggo!**

Grab your fur-baby and join us for a jolly run in the Man's Best Friend Virtual Race. A one-mile run, walk or hike that celebrates your favorite four-legged companion while helping other furry friends find a forever home.

Through our partnership with Saving Grace, we'll donate 10% of all registrations to help them provide medical care, housing & forever homes for homeless animals in NC. Who knows? You might have another fur-baby to celebrate the holidays with by the end of the run.



WHAT'S INCLUDED:

Each com-paw-titor will receive the following:

- A 2" Finisher Medal (doubles as a tree ornament)
- A customizable & downloadable handler race bib
- A matching race bib for your dog (small & medium sizes available)
- 10% of your registration will go to Saving Grace
- Show off your pup on the com-paw-titors page – see who's already joined here.

UPLOAD YOUR RESULTS

Your pup is the star of the Man's Best Friend Virtual Run and we're ready for all the puppy content. We want to see them in holiday costumes, matching bandanas or playing with their favorite toy. Share your run, walk, or hike with us during the results period from December 4 to December 12.

FOLLOW US ON SOCIAL MEDIA!

Make sure to follow us on our social media platforms to keep updated on all things Race 13.1! Plus, tag us in your race day photos!



THANKS TO OUR 2021 SPONSORS & PARTNERS



JOHNSON
VOLVO CARS
DURHAM



Official Race DJ & Announcer



Official Race Photographer

