

# The *Greenbrier*® HALF MARATHON



## PARTICIPANT GUIDE

*White Sulphur Springs, WV | Saturday, May 8, 2021*



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## GENERAL INFORMATION

### About The Greenbrier Half Marathon

The Greenbrier Half Marathon, 10k and 5k, returns for its fourth event on Saturday, May 8, 2021! Runners will be treated to a course along some of the country's best golf courses at the base of West Virginia's most breathtaking mountain ranges. Run exclusively on the 11,000-acre grounds of the world-class Greenbrier Resort that has played host to 26 of our country's 46 presidents and has long been a favorite destination of royalty, celebrities and business leaders.

The Greenbrier is widely regarded as one of the finest luxury resorts around the world. Surrounded by the wondrous Allegheny Mountains, The Greenbrier offers exclusive services and amenities such as championship golf, fine dining, more than 55 activities, designer boutiques, a world-renowned mineral spa and a 103,000-square foot gaming and entertainment venue.

### Race Weekend Timeline

#### Friday, May 7

**2pm - 7pm** - Packet pick-up will be held in the Garden Room in the Upper Lobby of The Greenbrier Resort. **Please note:** There is no race morning packet pick-up

#### Saturday, May 8

**5:15am - 6:45am** - Shuttle provided to non resort guests from the Train Lot to the start line.

**6:45am** - Half Marathon Group One starts.

**7am** - Half Marathon Group Two starts.

**7:15am** - 10k starts.

**7:25am** - 5k starts.

**7:30am - 11:30am** - Post-Race Champagne Brunch

**9am** - Age group awards can be picked up at the Customer Service table

**9:30am - 12:00pm** - Shuttle provided to non resort guests from finish line to Train lot

**9:30am** - 5k and 10k overall awards announced at the stage

**10am** - Half marathon overall awards announced at the stage



## GENERAL INFORMATION

### Race Rules and Regulations

#### **Can I wear headphones?**

It is unsafe to wear headphones while running. Event organizers will not restrict headphone use and leave it up to the athlete on his/her ability to follow direction while wearing headphone devices. If you do choose to wear headphones, please keep the volume level down so you are able to hear and follow the direction of course volunteers.

#### **Can someone else run in my place?**

No, you are not allowed to transfer bib numbers to another person.

#### **Can I register on race day?**

Registration space is limited. If spots remain, you may register at packet pick-up or online on race day up until packet pick-up ends. If you plan to register either in person or online on race day, be sure to leave time to pick up your race bib by the time packet pick-up ends.

#### **Am I allowed to walk?**

Yes, however, you must meet the requirements of completing the race by 10:30am.

#### **Are baby joggers, strollers or pets allowed during the race?**

No, this is to ensure runner safety and comply with liability insurance policies.

### Race Safety Protocols

#### **Separate Start Times**

Runners will start in separate groupings at the start line. We have pre-measured the start area to ensure six feet of social distancing in all directions is available for each runner, allowing for enough space for all runners to social distance before the race. Half Marathon group preference selections will be available closer to race day.

Half Marathon Group One: 6:45 am

Half Marathon Group Two: 7 am

10k: 7:15 am

5k: 7:25 am

#### **Temperature Screenings**

Anyone entering resort property will be required to complete a temperature screening and wear a face covering while indoors. Those using shuttles will have their temperature checked before boarding the shuttle. Anyone with a temperature of 100.4 or greater will be denied entrance to the resort and will not be permitted to race.



## GENERAL INFORMATION

### Race Safety Protocols

#### No Gear Check

No gear check will be offered for the 2021 event to minimize person-to-person contact.

#### Temperature Screenings

Anyone entering resort property will be required to complete a temperature screening and wear a face covering while indoors. Those using shuttles will have their temperature checked before boarding the shuttle. Anyone with a temperature of 100.4 or greater will be denied entrance to the resort and will not be permitted to race.

#### Face Covering Requirements

Face coverings will be required at the start and finish area. Runners will be permitted to remove their face covering on the course when social distancing is possible.

#### Water Stations

Cups will not be utilized for water stations. Water stations will instead include plastic water bottles. With these changes in mind, all runners are strongly encouraged to bring their own hydration packets for the 2021 event.

#### Text Results

There will be no results tent at the finish line. Runners will receive a text message with a link to their individual results upon crossing the finish line.

#### Post-Race Champagne Brunch

All guests are required to wear masks during the post-race party. All resort staff will wear PPE throughout the event.

#### The Greenbrier Safety Protocols

All runners and guests must comply with the [latest resort health and safety protocols](#). The Greenbrier resort staff will wear PPE throughout the event.

## Packet Pick-Up

### When & Where

All participants of the 2021 Greenbrier Half Marathon event must attend Packet Pick-Up to receive their bib, shirt and runner gift at the following day and time:

**Friday, May 7: 2pm – 7pm** in the Garden Room located in the upper lobby of The Greenbrier Resort ([315 W. Main St., White Sulphur Springs, WV 24986](#))



## Packet Pick-Up

### Parking & Shuttles

Non-resort guests will take the shuttle from the Train Lot (315 W Main St, White Sulphur Springs, WV 24986) to the hotel for packet pick-up on Friday, May 7. The shuttle will run through the duration of Packet Pick-Up every 10 - 15 minutes.

Runners will have their temperature checked before boarding the shuttle. Anyone with a temperature of 100.4 or greater will be denied entrance to the resort and will not be permitted to race.

Participants staying at the resort are encouraged to use either valet or self parking on resort property.

### Switching Race Distances

You may change increase or decrease your race distance [here](#), until Friday, May 1st at midnight. After that, you must change your race distance in person at packet pick-up. Please note: If you do not change your race distance either online or in person with a Resort Races Collection staff member prior to the race start, you will be disqualified from the event.

We do not charge an administrative fee to change your distance. There is no charge to go down in distance, but if you choose a longer distance, you will need to pay the difference between the distances.

## Pre-Race

### Separate Start Times

Runners will start in separate groupings at the start line. We have pre-measured the start area to ensure six feet of social distancing in all directions is available for each runner, allowing for enough space for all runners to social distance before the race.

Half Marathon Group One: 6:45 am

Half Marathon Group Two: 7 am

10k: 7:15 am

5k: 7:25 am

Half Marathon group preference selections can be made via [this form](#) through **April 30 at 11:59PM**. Those without a group preference will be assigned a group.





## Pre-Race

### Getting to the Start/Finish Area

The race will start next to the Outdoor Pool at The Greenbrier resort. Resort guests will take the elevator down to Shop Level, "S", and exit through the North Entrance. From there, follow the signs to the Outdoor Pool/Golf Club down Springhouse Lane.



Click to enlarge.

A shuttle will be provided between 5:15am – 6:45am from the Train Lot to the Start Line area for non resort guests. Guests will need to submit to a temperature screening before boarding the shuttle. Anyone with a temperature of 100.4 or greater will be denied entrance to the resort and will not be permitted to race. Participants are encouraged to arrive early for a smooth race morning.

### Parking

Ample parking will be available for non resort guest participants and spectators at the Train lot, located off Route 60. Enter 315 W Main St, White Sulphur Springs, WV 24986 into your GPS device and follow signs for runner parking. From the Train Lot, participants will take a shuttle to the Start Line area. Guests will need to submit to a temperature screening before boarding the shuttle. Anyone with a temperature of 100.4 or greater will be denied entrance to the resort and will not be permitted to race.

Participants staying at the resort are encouraged to use either valet or self parking on resort property.

### No Gear Check

No gear check will be offered for the 2021 event and participants are encouraged to leave any non-essential items in their rooms or in their cars.

### Bibs

Please wear your race bib on the front of your shirt or the front of your shorts. Please do not bend or fold the timing chip (on the back of your bib)! Each race distance will have a specified bib color:

➡ Bibs: **5k – Blue** | **10k – Red** | **Half Marathon – Green**

### Pace Groups

Pace groups will not be offered for the 2021 event



## During the Race

### Course Maps

The Greenbrier course is unlike any other Resort Race. Participants will enjoy a run through some of the country's most renowned golf courses while alongside pristine, free-flowing creeks and views of the Allegheny mountains.

Click the maps below to show a larger version online!

**Half Marathon**



**10k**



**5k**



### Hydration Stations

There will be plenty of hydration stations along the course. The locations of the hydrations stations are marked by mileage:

- Aid Station #1: Half & 10K Mile 1.5
- Aid Station #2: Half Mile 4.25
- Aid Station #3: Half Mile 6, 10K Mile 3.5
- Aid Station #4: Half Mile 7.25, 10K Mile 5, 5K Mile 2
- Aid Station #5: Half Mile 9
- Aid Station #6: Half Mile 11

Cups will not be utilized for water stations. Water stations will instead include plastic water bottles. With these changes in mind, all runners are strongly encouraged to bring their own hydration packets for the 2021 event.





## During the Race

### Face Covering Requirements

Face coverings will be required at the start and finish area. Runners will be permitted to remove their face covering on the course when social distancing is possible.

### Time Limits

Half marathon runners must complete their race in 3 hours and 30 minutes (by 10:30 am).

### Medical Support

We will have medical professionals on site throughout the race, including at the start/finish area.

If you have a medical emergency while on the course, please notify the nearest volunteer or police officer so that we can dispatch proper assistance to you as quickly as possible.

## After the Race

### Finisher Medals

Every half marathon, 10k and 5k finisher will be presented with a finisher medal after they cross the finish line!

### Results

There will be no results tent at the finish line. Runners will receive a text message with a link to their individual results upon crossing the finish line.

### Awards

All awards will be determined based on chip time. Medal awards will be presented to the top three overall finishers male and female, and the top three age group finishers male and female in the Half Marathon, 10K and 5k in the following age categories:

19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & over

Overall awards for the 5k and 10K will be announced on the stage at 9:30am and half marathon overall awards will be announced on the stage at 10am. All age group awards may be picked up at the Customer Service Table any time after 9am. Winners must be present to receive their prize; awards will not be mailed out.



## After the Race

### Post-Race Champagne Brunch

After your race, enjoy a delicious champagne brunch at the Outdoor Pool prepared by The Greenbrier's exquisite culinary team, a live band and more! One entry to the post-race brunch is included with registration and any additional tickets can be purchased [here](#). The post-race party will be held from 7:30am – 11:30am.

#### Post-Race Brunch Menu Items Include:

- Seasonal Fruit Display w/ Fresh Berries
- Yogurt and Granola
- Cinnamon Rolls & Chocolate Croissants
- Selection of Bagels with Greenbrier Jams, Preserves, Creamery Butter & Cream Cheese
- Vegetarian Quiche
- Virginia Ham, Mushroom & Egg Casserole
- Baked Brioche French Toast w/ Vanilla Sauce
- Pepperoni Bread: Ricotta Cheese, Mozzarella, Served w/ Marinara Dipping Sauce
- Water, Coffee, Decaf Coffee, Iced Tea and Coke Products

*\*Menu items subject to change.*

### Resort Offers for Runners

The Greenbrier Resort, is proud to offer all race participants the discounts below to take advantage of during race weekend!

- **Complimentary Dessert with Purchase of a Dinner Entree.** From bananas foster at Prime 44 West to a homemade milkshake at Draper's, The Greenbrier's mouthwatering desserts will satisfy any sweet tooth!
- **20% Discount on All Activities.** Enjoy all activities that The Greenbrier has to offer including, bowling at The Greenbrier, carriage rides, fitness and yoga classes; etc.
- **10% Discount on a Sulphur Soak.** After crossing the finish line enjoy a Sulphur Soak to ease tired and sore muscles. This offer is only valid on Saturday, May 8th.
- **15% Discount on product and services at The Greenbrier MedSpa**
- **10% off a Bunker Tour or Off-Road Excursion.** Take a tour of the declassified Cold War bunker that was built to house Congress in the event of a national emergency, or take a Jeep Rubicon through the rugged terrain of Kate's Mountain.

*\*These offers are available to all participants even if you are not staying at the resort during race weekend. Runners will need to show their bib in order to receive the discounts.\**



# The Greenbrier® HALF MARATHON

## After the Race

### Runner Amenities

All participants of the 2021 Greenbrier Half Marathon race will receive:

- Entrance to the post-race party and Champagne Brunch
- Participant Performance Tee
- Finisher Medal
- Runner gift: Stemless Wine Glass (*receive at Packet Pick-Up*)
- Access to amenities offered by the resort, including golf, the spa, dining and more!



### Participant Photos

Professional photographers will be along the course as well as the start/finish area to take pictures of every runner throughout the race.



### Post-Race Survey

You will receive a link to complete a post-race survey within a few days after the race. Your feedback helps us make improvements for future races so that we can continue to provide an extraordinary race experience. Thank you in advance!



@ResortRaces  
#GreenbrierHalf

